

MLDMHI ALUMNI ASSOCIATION

Alumni meet: 1st March 2020

Theme: Transforming MLDMHI Alumni Chapters into 'Communities of Practice' through the use of Social Media

Dear Alumni,

Our Patron, Dr. KMD sir, has suggested that our annual meets should be organized around some themes which appeals to the members from year to year. Of late, we have experienced three prominent developments:

1. Our Kolhapur Chapter under the tutelage of Dr. Sunil and Anoop sirs have charted an unusual course which has involved a tapped into a lot of synergies and has spread out to the community.
2. The MLDMHI has started a media outreach through the initiation of some unique features initiated by Dr. Keyur Vakharia
3. Our Institutional Journal, JISH, after its interesting journey of 1 year has decided to transform itself onto a global platform.

Looking at these developments, it is proposed that this year's Alumni meet works around the theme: '*Transforming MLDMHI Alumni Chapters into 'Communities of Practice' through the use of Social Media*' Let us briefly understand what we mean by this term 'Communities of Practice'

The term Communities of Practice (CoP) was first coined in 1991 by Lave and Wenger and describes learning as participation in a practice shared by a group of people with a common concern or passion for something. Learning is viewed as the collective creation of knowledge, as the practice evolves and develops through interaction between members. The boundaries of a CoP are loosely defined, and members can include, for example, a group of tailors, an orchestra or even a family. The original work from 1991 emphasized how newcomers in a CoP were considered legitimate peripheral participants who learned as they became increasingly more central members of the community. Learning is therefore not to be separated from the development of the individual's identity, which is connected to participation in the practice of the community. In 1998, Wenger²⁰ developed the concept, presenting three core components:

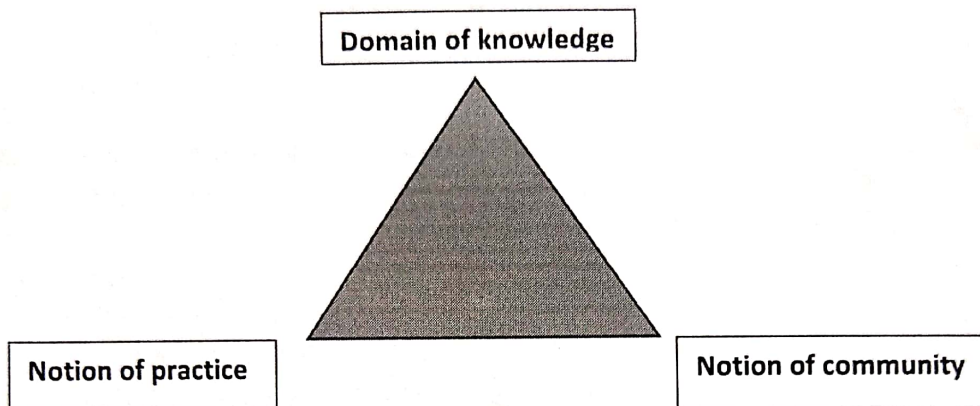
- (i) Mutual engagement;
- (ii) Joint enterprise, and
- (iii) Shared repertoire.

Mutual engagement represents the members' passion and interest in the CoP's survival and continuity. Joint enterprise refers to the unified goal towards which the practice of the



community strives. Shared repertoire involves the explicit and implicit norms, values, roles, routines and artefacts that guide the way in which members interact within the CoP.

In later work, in an effort to enable organizations to use CoP as a management tool, Wenger revised the three characteristics, labelling them domain, community and practice. Domain forms common ground and sketches the limitations that empower members to choose what merits sharing and how to introduce their ideas. The community forms the social structure that encourages learning through interactions and scaffolding relationships. The practice is the explicit knowledge that the community shares, cultivates and sustains.



Community of practice

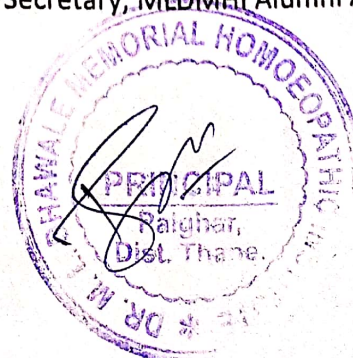
- The purpose of a CoP, is to provide a way for practitioners to share tips and best practices, ask questions of their colleagues, and provide support for each other.
- Membership is dependent on expertise – one should have at least some recent experience performing in the role or subject area of the CoP.
- Example: Someone who is interested in photography and has some background/training in it finds an online CoP for working photojournalists, who use it to discuss various aspects of their work. Since this community is focused on working photojournalists, it would not be appropriate for an amateur photographer to contribute to the CoP discussions there. Depending on the CoP's structure, non-CoP members may have access to reading the discussions and accessing other materials of the community.

Working around this theme and taking into account the administrative and personal/social interests, the following itinerary is being proposed.

I am sure that all of you will come and enjoy the day and the evening of this unique event.

2nd February 2020

Dr. Rajesh Yadav
Secretary, MLDMHI Alumni Association





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MLDMHI Alumni Association
2nd Alumni Meet: 1st of March 2020

Theme: "Transforming MLDMHI Alumni Chapters into Communities of Practice (CoP)
Through The Use of Social Media"

The report is based upon the proceedings of the 2nd Alumni meet of MLDMHI at Rural Homoeopathic Hospital, Palghar. Our patron Dr. Kumar Dhawale (KMD) suggested that the alumni meet should be around some theme so that it appeals to its members and promote higher attendance. In this view, our 2nd alumni meet carried the theme of "Transforming MLDMHI Alumni Chapters into Communities of Practice through the use of Social Media". The second intention of alumni meet was to appreciate contribution of alumni from different chapters. As mentioned below three developments at MLDMHI & its alumni were identified which were worth sharing amongst the alumni of different chapters.

Dr. Bipin S Jain, Principal, in his opening remarks stated that the alumni are the real representatives of the Institute because they take the learning of the Institution to the outside world. Alumni are working in different areas and thus spreading MLDMHI throughout the World. The willingness of alumni to take up this learning back to their location, experiment and report to the Alma Mater makes teachers happy to learn how alumni are contributing to the society. But the problem is that the reports are scattered as we are not aware what the other member is doing. The sharing is needed because the contribution and experience can be relevant to any of the alumni in different areas and locations. Exchanging becomes the primary focus of Alumni meeting at regular intervals. It is a must for the exchange of ideas, thoughts and emotions and to wash out negative energies, leaving behind positive energy to honor it and take it forward by the next generation. Such platforms will help to grow together as a teacher, clinician, researcher and social reformer. Lots of work is done by the alumni in colleges, tribal area, rural or urban zones etc. He made a request to share the learning and need of connecting of alumni, engaging them and to define goals for each alumni chapter.

Dr. Kumar Dhawale (KMD) presented the background and concept of Communities of Practice (CoP). He stressed upon the need of Knowledge Management and Organizational Learning. The world is focusing upon knowledge based capital that works on transfer, application, creation, acquisition, sharing knowledge and turning it into Capital. Therefore, Standardization of practices will enhance ability to deliver effectively. This demands one's need to manage knowledge so that the practice becomes valuable. He informed that soon we will have e-SCR in view to address the need of time. Second theme he briefed about having personal mastery, building a shared vision, mental models, team learning and system thinking; these are the five disciplines for organizational learning. To have in depth understanding of these disciplines he gave reference to read 'The Fifth Discipline' on Learning Organization by Peter Senge. He gave another reference of McKinsey Consulting which works with clients to mobilize for change, shape winning strategies and drive execution. He appealed to subscribe to McKinsey Quarterly to receive its updates on each & every current developments.



Dr. Vilas Satpute from Kolhapur illustrated the concept of communities of practice through sharing the impact of flood in Kolhapur district. He focused upon what one loses in a natural calamity and how to overcome the loss by channelizing in a proper direction for healing of self & others. This positive energy came in Kolhapur chapter because of the training at MLDMHI. During this difficult time, they took an initiative to act under the guidance of their mentors from the institute. MLDMHI alumni came into action by organizing medical checkup camps & treated 305 patients in 2 days, distributed uniforms to 60 school children and provided textbooks to the needy engineering student. Now the alumni has progressed one step ahead by starting a Homoeopathic clinic in view to expand its clinical activities. Kolhapur Chapter is progressing under the tutelage of Dr. Sunil Bhalinge, Dr. Anoop Nigwekar and Dr. Pravin Wadgave. They have charted an unusual course which has involved & tapped into a lot of synergies and has spread out to the community. The Kolhapur chapter has future plan to have its clinic NABH accredited.

Dr. Keyur Vakharia is the person behind MLDMHI media outreach through the initiation of some unique features of using social media. Dr. Keyur in his short note presented "Role of Social Media in developing MLDMHI Alumni Chapters into Communities of Practices: Concept, Practice and Application". He expressed concern to reach out to the community and the benefits of remaining connected through media. He gave insights into how to communicate and engage public through the use of social media. He gave inputs on using common video conferencing tools, to subscribe to institutes 'you tube' channel, to like & share facebook page of MLDMHI. He also emphasized to make efforts to have Linked In account as it is used by professionals, has extensive business listings and can be used to receive & make endorsements. It is the best platform for getting professional recognition.

Dr. Nikunj Jani presented how institutional 'Journal of Integrated Standardized Homoeopathy' (JISH) in its one year of journey has transformed itself onto a global platform. He shared a playful documentary "Sahacharyaleela" on Gujarati literature to represent the struggle to publish a journal and bring together like-minded writers in the Gujarati literary scene. In the same way, JISH is evolving with a motto of standardizing its homoeopathic content. Now JISH is peer reviewed by reputed faculty of Homoeopathy. The journal has collaborated with an international publishing house to streamline it for indexing of the JISH on web search and also to submit abstract. The new website for JISH is www.jish-mldtrust.com. He appealed to send articles, case studies and book reviews for getting reviewed and being published.

Group members shared their problems of being associated with each other though being in the nearby vicinity. This issue is because of individual commitments or diversity in individual thoughts or due to adoption of different school of thought other than the MLDMHI.

With reference to the above group sharing, Dr Arun Pandye shared his action learning by taking initiative of bringing together 4 practitioners from different schools of thought and how they started group discussion with initial few students to a size of 20. Such initiatives will bridge the

gap between practitioners for the welfare of tri-coordinate components. We need sharing of such experiences so that the philosophical standings of Alumni can be documented and faculty can guide them to deliver effective action learning.

Apart from presentation and 2nd alumni meet, felicitation of alumni by their alma mater was a nostalgic moment for all. Following alumni were recognized for living the ethos of MLDMHI and serving science & society as below:

(1) **Dr. Swaraja Mitkari**, a singer with melodious voice, winner of Savitribai Phule Award, runner up at State level singing competition. (2) **Dr. Archana Kabra**, a fitness icon and had inspirational transformation journey from “Fat to Fit to FAB”, finalist in “Haut Monde Mrs. India” 2019, new career in field of Modeling and acting. (3) **Dr. Kavita Deore**, winner at “Mrs. Nashik”, “Mrs. Maharashtra”, “Mrs. India I am beautiful” and now selected for “Mrs. Universe” going to be held in Singapore May, 2020. (4) **Dr. Hardik Parekh**, first PhD scholar from institute, currently he is “Exploring the role of Homoeopathy in managing growth and development of children affected from protein energy malnutrition”. (5) **Dr. Yogesh Niturkar**, a clinician, academician & author of 1 book, reviewed 8 books, presented papers at 22 platforms, participated in 38 National & International Homoeopathic seminars, conferences, published 87 articles in National and international Homeopathic journals. He is joint secretary of “Sanvedana Cerebral Palsy Vikasan Kendra, Latur”, associate editor of NJH and area representative of Vital Informer. (6) **Dr. Ravindra Shinde**, started 10 bedded Homoeopathic Hospital, got various recognitions and working as Vice president and founder of NGO working with Zilha Parishad Solapur ICDS department, working with MR autistic child school. (7) **Dr. Sagar Rahalkar**, is working on concept of “zero waste” and recycling of our daily household wastes, got recognition by NGO “Shrunkhala” at Kharghar, Navi Mumbai. He is working for this noble cause since 2017 and recycled nearly about 1798.050 Kgs of plastics. His work has been published in various news paper. (8) **Dr. Keyur Vakhariya**, a digital marketing professional, doing commendable work for Other Song Academy for 4 years, digital marketer at Synergy Homoeopathic, and expanding ICR/ MLDMHI in its glory through use of Digital/social media use. (9) **Dr. Trushna Ingle** actively involved in Community Services got recognized by Grampanchayat Bokadvira stood as chief guest in Native institute, Uran on the occasion of Gurupurnima, she is working constantly for the betterment of society and better health, her work was published in “DainikKarnala” Newspaper in 2018. (10) **Dr. Swaroopanand Sarkar**, a PhD pursuing and MBA himself, a prolific tabala vada, published many cases and work in national homoeopathic journals, he is associated with Eco Rescuers Foundation, and saved lives of almost 51 Birds this year. (11) **Dr. Hetal Kasliwal**, A facial paralysis survivor and participated in Beauty pageant competition (Mrs. WestIndia 2019) and won that along with Mrs Achiever award in 2019.

Felicitation of alumni demonstrated the potential that each one has in different areas as per their individualistic interests. Felicitated alumni shared their experience and role of MLDMHI in their life.

Apart from alumni felicitation, Psychiatry alumni felicitated Dr. Kumar Dhawale for his unfathomable contribution. On this occasion a book was released containing testimonials and memoir of Dr. Dhawale.

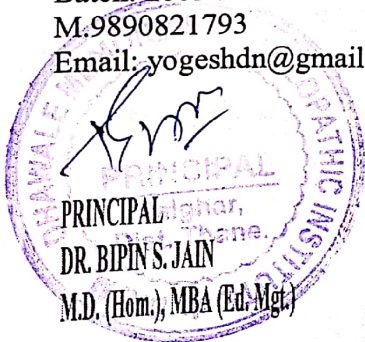
- **Dr. Chandrashekar R. Goda (CRG)** enthusiastically shared his views about the felicitated MLDMHI alumni to point out the qualities of the respective alumni to get this recognition.
- **Dr. Anand R Kapse (ARK)** was concerned about the need of implementing “**Action Learning**” by teachers in their respective colleges or in their OPD in view of delivering effective Homoeopathic Clinical Training of the learner.
- **Dr. Manoj Patel (MKP)** addressed alumni about appointing observer in their OPD in view to evaluate action of self and the learner.
- **Dr. N. L. Tiwari (NLT)** in his natural philosophical and emotional manner interacted with alumni. He emphasized upon the need to read literary contributions of pioneers and its application in practice. He appreciated the contributions made by the alumni from different chapters.

Post lunch, alumni subject wise meet up was organized in their respective departments. It was good to interact with HMM alumni and to know about their efforts of living MLDMHI lessons. Teachers were interested in how to remain connected by meeting regularly and how to enhance skills in their respective domains. We interacted with the current batch students and they were eager to learn from our experiences & the exchange might have answered their unsettled questions.

In the evening, the annual college function was organized which was a stress buster for all. Food and hospitality arrangements were proper as per the tradition of MLDMHI. This was a fruitful get together with development of new communicative connections and vibrant energies that can bring in the societal change and live up to the ethos of MLDMHI. Special thanks to Dr Sachin Junagade, Dr. Rajesh Yadav, Dr. Mansi Surti, Dr. Omkar Anawkar and team for the expert management of Alumni meet.

Thank you all from entry to exit point of MLDMHI, with this note, the alumni said good bye to all & looked forward for the next thematic alumni meet.

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MLDMHI ALUMNI ASSOCIATION: FORMATION OF ASSOCIATION AND FELICITATION OF TEACHERS

Dr. Rajesh Yadav

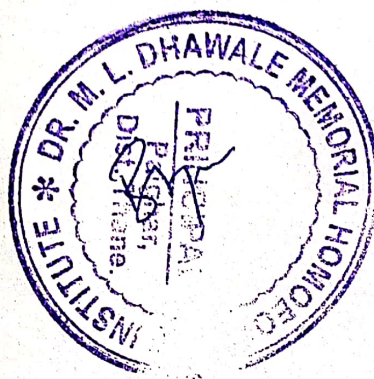
General Secretary, MLDMHIAA and Lecturer, Department of Psychiatry

It was a dream come true! More than 15 years after the establishment of MLDMHI, the alumni were to meet on the 15th of July 2018 in the new auditorium at RHH Palghar and establish the Association.

And the occasion was special. The alumni meet followed an unprecedented event in May 2018. Our beloved Tiwari Sir was elected as a Governing Board Member of the CCH, New Delhi. It was a joyous moment for the ICR- MLDMHI fraternity. It was a national recognition of the labour of love put in by our founders, Dr. LDD Sir and Dr. MLD sir, for close to 80 years, in giving a scientific status to Homoeopathy and attempting to Standardize its practice. Tiwari sir, having learned the finer nuances from MLD sir, was admirably suited to the task of initiating the reconstruction of homoeopathic education in this country. The alumni decided to felicitate Tiwari sir as also the senior Faculty members for their various achievements and recognitions they had acquired in the professional field. Kumar sir (long-time member of the committees of CCRH), Kapse sir (Member of the MCH and BOS as well as Faculty, MUHS), Anoop sir (Member of the NABH AYUSH Technical Board, New Delhi as well as member of the governing Board, NIH Kolkatta) and Bipin sir (the new principal as well as being the recipient of the Chinmaya Chikitsa Ratna Puraskar from the World Jain forum).

The second floor was indeed decked up to receive the alumni. The students and faculty had spent the best part of the previous evening and night doing up the place. Creativity was at its height when some of the media-savvy, artistically inclined students made short video showcasing the growth of the institute over the previous decade.

After an impressive clinical presentation by the RHS team on the managing malnutrition in the Vikramgarh Taluka with Homoeopathic Interventions, the felicitation programme was conducted by Drs. Nikunj and Devangini with not a few emotional moments! Both Tiwari sir and Kumar sir were presented with impressive written scrolls and all received books (not bouquets!) so that they could continue to learn and be of greater benefit to the institute in the years to come. It is notable that in spite of the rains threatening the metropolis, the attendance at the function was impressive. Past students of the MLHMHI. And all stayed on till the end



when the constitution of the alumni was adopted after constructive deliberation from all participants.

It was not all emotions and enjoyment and delicious food that marked this day. A lot of seminal decisions were taken. Office-bearers from the Alumni Association were formed comprising of Mumbai, Pune, Kolhapur, Nashik and North Maharashtra, Vidarbha, Marathwada, Gijarat, outh and North and their Chairman (faculty memebrs). After which all the Alumni and students met their faculty members in the newly structured department which were decorated impressively to receive their old students. A lot of meaningful discussion occurred relating to deepening the associations of the members and establishing a two-way traffic whereby the members would benefit from the experienced faculty and would also contribute to the development of their respective departments. Also guide the freshly passed out students to settle in their practice. The project of the e-journal was announced and the alumni were requested to actively contribute to it by sharing valuable experiences.

A souvenir to mark the occasion was a hit. It was a mug artistically designed by our media expert, Ms. Sayli Walke, showing the Palghar Hospital building and the logo in all its glory.

This is only the beginning of a long and endless journey. We look forward to many such occasions where the alumni meet, share and deepen their relationship so that the practice of standardized Homoeopathy grows and continues to spread all around.



Department of Pediatrics

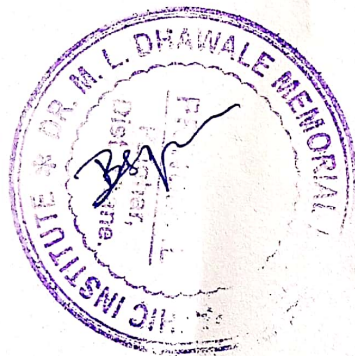




Department of Homoeopathic Materia Medica

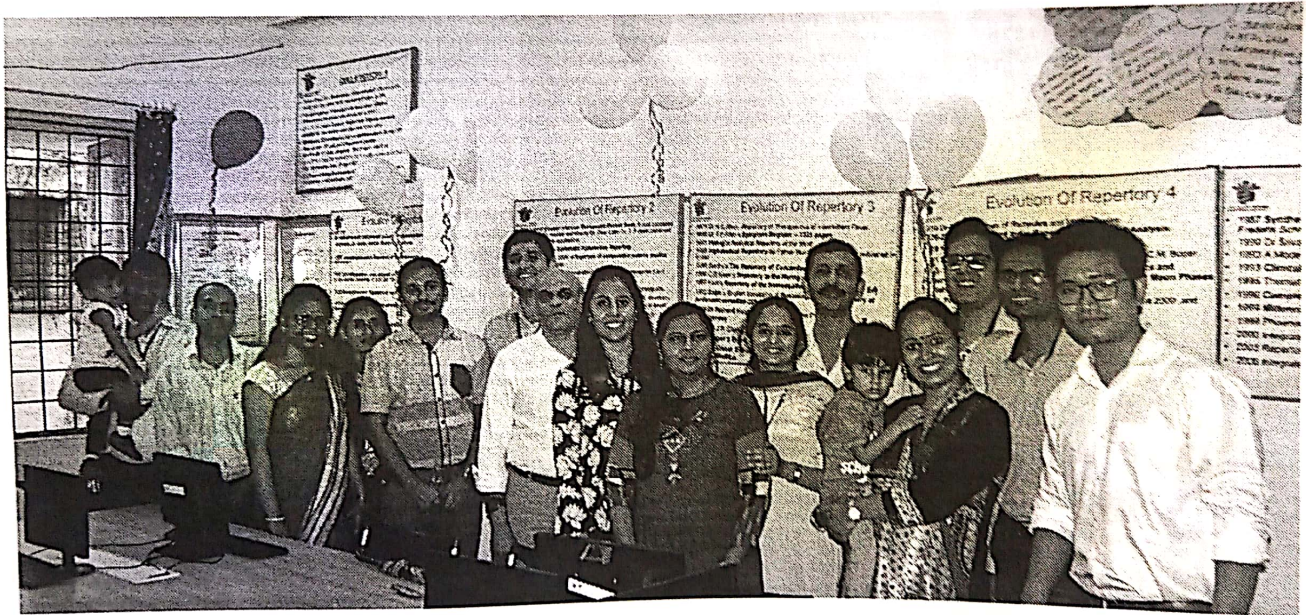


Department of Organon Of Medicine





Department of Psychiatry



Department of Repertory





Department of Medicine

