



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: MARSHAL SOMNATH KENE

CONTACT NO.: 9766186780

MENTOR NAME: Dr. VEVEK KADAM.

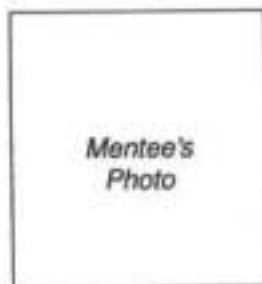


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Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	HARSHAL SOMNATH KENE	
Age with Birthdate	26 yrs 09/09/1996	
Gender	MALE	
Batch	2021-2022	
Subject	ORGANON OF MEDICINE	
Contact Number	9766186780	
Contact Email	Harshalkene96@gmail.com	
Details of each family members: Age / Profession / Contact Number / Email address/es		
Father SOMNATH KENE Age: 54 yrs	Profession	TELEPHONE MECHANIC
Education	Contact Number	9208978492
Email id:		
Mother MEGHA KENE Age: 49 yrs	Profession	ANGANWADI WORKER.
Email id:		
Education	Contact Number	7588721991
Sibling/s HEMANGI KENE	Profession	
Education	Contact Number	7156000815
Email id:		
Sibling/s	Profession	
Education	Contact Number	
Email id:		
Person/s OR Physician to be contacted (Name, Contact No. Email address)		
1.	Contact No., Email address	
2.	Contact No., Email address	
Medical History with Blood Group		
Family History of Illnesses FA - DM		
UG College	DHANVANTARI HOMOEOPATHIC MEDICAL COLLEGE	
Unique experience with UG College	was the class representative	
Difficulties in UG	loss of confidence, facing difficulties to attend talk in front of number of people	
How were those difficulties sorted out?	Try to become class representative	



MENTOR'S DETAILS

Name of the Faculty	DR. VIVEK V. KADAM
Department	HOMOEOPATHIC MATERIA MEDICA.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent SHRI SAMARTH KRUPA CHAWL, BEHIND G.B.S HIGH SCHOOL, MANOR, TAL & DIST: PALGHAR.	Local (if any)
Contact Details ::	Mentee : 9766186780 Residence / Telephone/ Cell Number:	Email: Harshalkene96@gmail.com
Blood Group:	AB NEGATIVE	
Allergy:	-	
Hobbies:	Playing sports, Tracking.	
Aspirations:	was to become cricketer.	
Personality Strengths:		
Weaknesses:	loss of confidence.	
Ability to adapt to different circumstances		
I am good at	My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	<input checked="" type="checkbox"/> Introvert <input type="checkbox"/> Extrovert	
Give Reasons	Difficulty to talk in group of people.	
I like to learn by	<input type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input checked="" type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>JULY-22</u>	Date: <u>AUG-22</u>
Academic Progress	good	good
Development of a Good Doctor	No	no
Thinking Skills – for Analysis / Synthesis	issues Reported	issues Reported
Listening / Receiving skills	fair → good	good
Effective communication skills	fair → good	good
Life skills	good	good
Development of personality - Sport / Yoga / ECA	Fair	good
Suggestions by the Mentor		
Achievements by the Mentee		
Area to be worked on by the Mentee		

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: <u>SEPT-22</u>	Date: <u>OCT-22</u>	Date: <u>NOV-22</u>
Good	Good	Good	
No	No	No	
issues Reported	issues Reported	issues Reported	
Good	Good	Good	
Good	Good	Good	
Good	Good	Good	
Good	Good	Good	

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PRINCIPAL		
Remarks of Coordinator/Principal		



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MENTORING RECORD BOOK

MENTEE NAME: Dr. Shivani Rana.

CONTACT NO.: _____

MENTOR NAME: Dr. Vivek Kadam.



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MLDMHI Mentoring Program

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*Mentee's
Photo*

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PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Shivani A. Rana .		
Age with Birthdate			
Gender			
Batch			
Subject			
Contact Number			
Contact Email			
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Age:	Profession	
Education	Contact Number		
Email id:			
Mother	Age:	Profession	
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group			
Family History of Illnesses			
UG College			
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	DR. VIVEK V. KADAM
Department	HOMOEOPATHIC MATERIA MEDICA
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent	Local (if any)
Contact Details .:	Mentee : Residence / Telephone/ Cell Number:	Email:
Blood Group:		
Allergy:		
Hobbies:		
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert	Extrovert
Give Reasons		
I like to learn by	<input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *[Signature]*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 19 - JULY-22	Date: 23-08-22
Academic Progress	fair	fair
Development of a Good Doctor	fair	No
Thinking Skills - for Analysis / Synthesis		
Listening / Receiving skills	No issues	issues
Effective communication skills	noted	noted
Life skills	Reported	Reported
Development of personality - Sport / Yoga / ECA		fair
Suggestions by the Mentor	fair	
Achievements by the Mentee	fair	
Area to be worked on by the Mentee		

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *[Signature]*

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: 27-09-22	Date: 21-OCT-22	Date: 11-NOV-22
	fair	fair	fair
	No	No	No
	issues	ISSUES	ISSUES
	Reported	REPORTED	REPORTED
	fair	fair	fair
	fair	fair	fair

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PRINCIPAL		
Remarks of Coordinator/Principal		



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MENTORING RECORD BOOK

MENTEE NAME: DR. SAMINA BOHRA

CONTACT NO.: 9785701669

MENTOR NAME: DR. ANAND KAPSE



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

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PRELIMINARY INFORMATION OF MENTEE

Name	SAMINA BOHRA		
Age with Birthdate	26 years 14-05-1996		
Gender	FEMALE		
Batch	2021-2022		
Subject	PAEDIATRICS		
Contact Number	9785701669		
Contact Email	Saminabohra96@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	ABDEALI BOHRA	Age: 59 years	Profession DOCTOR (GP)
Education	BAMS	Contact Number	9414683564
Email id:	abdealibohra63@gmail.com		
Mother	JUMMANA BOHRA	Age: 55 years	Profession HOUSEWIFE
Education	B.A.	Contact Number	9462500319
Sibling/s	ARWA BOHRA	Profession	HOUSEWIFE
Education	M.A.	Contact Number	9887053911
Email id:	arwabohra@gmail.com		
Sibling/s	NISHRIN BOHRA	Profession	ARTIST-PAINTER
Education	M.Com.	Contact Number	8058700490
Email id:	nishrinbohra92@gmail.com		
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	DR. BURHANUDDIN BHINDARWALA	Contact No., Email address	9819622647 bkb1991@gmail.com
2.	RUMANA BHINDARWALA	Contact No., Email address	9819131971
Medical History with Blood Group	"O" Negative		
Family History of Illnesses	M-G.M & G.F = DM + HTN P-G.M & G.F = DM Fa - Diabetic Ma - DM		
UG College	RAJASTHAN VIDYAPEETH COLLEGE, DABOK, UDAIPUR		
Unique experience with UG College			
Difficulties in UG	- NOT MUCH EXPOSURE TO PATIENTS		
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	DR. ANAND KAPSE SIR
Department	ORGANON OF MEDICINE
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent 302, SAELM BUILDING, 28 th ROAD, OPP. GURU NANAK PARK, BANDRA (W), MUMBAI, MAHARASHTRA 400050	Local (if any)
Contact Details :	Mentee : SAMINA BOHRA Residence / Telephone / Cell Number: 02226405537 / 9785701669	Email: Saminabohra96@gmail.com
Blood Group:	"O" NEGATIVE	
Allergy:	-	
Hobbies:	Reading, Writing	
Aspirations:	TO BECOME GOOD HOMOEOPATHIC DOCTOR AND OPEN A HOSPITAL IN MY HOMETOWN - BHINDER	
Personality Strengths:	FLEXIBLE (ADJUST ACC. TO SITUATION) ORGANISED, GOOD LISTENER	
Weaknesses:	OVERTHINKING, PHYSICALLY GENERAL WEAKNESS	
Ability to adapt to different circumstances	GOOD BUT SOMETIME IT BECOME OVERWHELMING THEN I SHARE WITH FAMILY & FRIENDS.	
I am good at	Adapting things, organising, reading (for myself) My Hobbies <input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert - WITH NEW PEOPLE Extrovert - WITH FAMILY & FRIENDS	
Give Reasons	I am not easily comfortable in talking with new people but once I get friendly with people then I am extrovert type.	
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input checked="" type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

First meeting.

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *[Signature]*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress <i>FTT 81% SIC 82%</i>	DBP, OM, SV-C Purdin team.	List of Readings fundam over 3ms ETM/hiz.
Development of a Good Doctor	Sancaud de Rait listan LBU, V. m. b. u. n. , a. d. d. obscure + h. 5. c. a. s. e. d.	Keep reading medicine handc. advices of course complete PEP, OM & Purdin team in this posting.
Thinking Skills - for Analysis / Synthesis	LST, Symptom check - 2 cases	Complete working of 1 SCR
Listening / Receiving skills	Success taken yet	Debate 1 case.
Effective communication skills	Need to learn Manish. Has developed good ITRs	Read literature & Manish & newspapers
Life skills	Issues - adjustment	Prepare a note and discuss objectives and his own work.
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor		
Achievements by the Mentee		
Area to be worked on by the Mentee		

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE ,

Fortnight: From 8/11/22 To 12/18/22 Mentee's sign: *[Signature]* Mentors' sign: *[Signature]*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
	Sharing de Rogals each an experience.	
	Learn about community Start to SCR.	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 12/8/22 To 12/19/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress		
Development of a Good Doctor		
Thinking Skills – for Analysis / Synthesis		
Listening / Receiving skills		
Effective communication skills	Difficulty in speaking understanding oral content.	
Life skills	A dyslexic to like a dyslexic.	
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor		
Achievements by the Mentee		
Area to be worked on by the Mentee		

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE ,

Fortnight: From 12/19/22 To 12/30/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
	CSEF 8 25T.	
	Learning case filing	
	Getting adjusted placements.	

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 12/10/22 To 16/11/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress	Satisfactory	
Development of a Good Doctor	Learned acute prescribing eg. Scarpa hike - 200m in Gosham, Chilton	
Thinking Skills - for Analysis / Synthesis		
Listening / Receiving skills		
Effective communication skills	✓	
Life skills	✓	
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor		
Achievements by the Mentee		
Area to be worked on by the Mentee		

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 16/11/22 To 12/12/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
	Satisfactory	
	Completed - conclusion	
	Didancy 3-4 EETS	
	Satisfactory	
	Has developed good skills towards life after experiencing poverty at home.	
	Use all term to self	

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FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 12/12/22 To 16/1/23. Mentee's sign: *[Signature]* Mentors' sign: *[Signature]*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress	Handwritten work on SCR - Doenronshwah ↓ reaching	
Development of a Good Doctor		
Thinking Skills – for Analysis / Synthesis		
Listening / Receiving skills		
Effective communication skills		
Life skills	↓ Motivation after receiving from Bhgwa. on 22/12/22	
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor	SCR is tool of practice, advice & support. Correction is made during. No mistakes. Counts reaching plan & monitor.	
Achievements by the Mentee		
Area to be worked on by the Mentee		

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PRINCIPAL		
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	Date:	Date:

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PRINCIPAL		
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MENTORING RECORD BOOK

MENTEE NAME: Dr. Sanjyoti Sanjay Lad.

CONTACT NO.: 9423550320

MENTOR NAME: Dr. Mehvish Dandoti.



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PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Sanjyoti Sanjay Lad.		
Age with Birthdate	24 yrs. DOB - 23/09/1997.		
Gender	F.		
Batch	2021 - 2022.		
Subject	Medicine.		
Contact Number	9423550320.		
Contact Email	sanjyoti.lad@gmail.com.		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Age: 52 yrs.	Profession Civil Engineer (service)	
Education	Civil engineer.	Contact Number 9822020201	
Email id:	ladsanjays69@gmail.com.		
Mother	Age: 52 yr.	Profession Homemaker.	
Email id:	-		
Education	B.com.	Contact Number 9881075597.	
Sibling/s	-	Profession	
Education		Contact Number	
Email id:			
Sibling/s	-	Profession	
Education		Contact Number	
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1. Dr. Sumedha Mishra.	Contact No., Email address 8421519742.		
2.	Contact No., Email address		
Medical History with Blood Group	F1C10 Chronic Tonsillitis, Recurrent cough, :- childhood. Blood grp - AB +ve.		
Family History of Illnesses	F1C10 father - Asthma, Eczema, GI-disorder, (Multiple), F1W - DM, HTN, TB, MI.		
UG College	D.S.H.M.C., Pune.		
Unique experience with UG College	Good exposure of Homeopathic knowledge, Belief in Homeopathy became firm.		
Difficulties in UG	- Poor clinical knowledge,		
How were those difficulties sorted out?	- I was Joined in Maternity Hospital for learning as a RMO.		

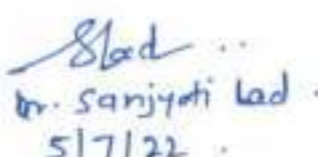
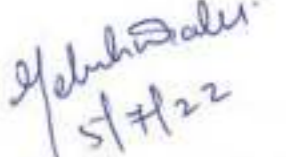
MENTOR'S DETAILS

Name of the Faculty	Dr. Mehvish Dandoti.
Department	Organon.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent - C-3/15, Suvidha Anjanga Hall. Soc, Jadhav-nagar, Sinhgad Road, Vadgaon Bk., Pune - 411041.	Local (if any) R.K. Tulidham, 6th floor, Flat No. - 604/B., next to Vishwanath Township, Tulidham Choukdi, Bholav, Bharuch, Gujarat.
Contact Details .:	Mentee : 9423550320. Residence / Telephone/ Cell Number: 7733468739	Email: mehvish0927@gmail.com. sanjyoti.lad@gmail.com.
Blood Group:	AB +ve.	
Allergy:	of 6 Vaccination.	
Hobbies:	Reading, watching webseries, movies (Thoughtful), Travelling.	
Aspirations:	Want to be a successful Homoeopath.	
Personality Strengths:	- Hard working - Sincere	
Weaknesses:	- Expressing - Mixing up with people. - Reproaching. - fearful.	
Ability to adapt to different circumstances	- still learning. Initially I thought I can adapt easily, but now, learning many things while living in hostel.	
I am good at	My Hobbies <input type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	<input checked="" type="checkbox"/> Introvert - Doesn't share anything with anyone <input type="checkbox"/> Extrovert	
Give Reasons	- can't express. - स्वतः को व्यक्त करने में मुझे मुश्किल है। Difficult to mix up with people. prefers to be alone. - सामाजिक जीवन में अलग रहना पसंद है।	
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input checked="" type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

 Dr. Sanjyoti Lad. 5/7/22.		 5/7/22
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From APRIL 2022 To MAY 2022 Mentee's sign: Stad Mentors' sign: Uchir

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>10/06/22</u>	Date: <u>8/07/22</u>
Academic Progress	<u>fair - session work completion</u>	<u>good -</u>
Development of a Good Doctor	<u>Needs a bit more empathetic attitude</u>	<u>Improved.</u>
Thinking Skills - for Analysis / Synthesis	<u>Good - but at times too analytical</u>	<u>Good - improved more empathetic</u>
Listening / Receiving skills	<u>Need to work.</u>	<u>Improved.</u>
Effective communication skills	<u>Only to a certain extent</u>	<u>Still same -</u>
Life skills	<u>good.</u>	<u>Good.</u>
Development of personality - Sport / Yoga / ECA	<u>NONE -</u>	<u>Not started yet.</u>
Suggestions by the Mentor	<u>At present only focus on scheduling as per you</u>	<u>Continue the good work!</u>
Achievements by the Mentee		<u>① Won prize in debate - ② Nephew Certificate</u>
Area to be worked on by the Mentee	<u>Not to think much.</u>	<u>Less. Nothing major.</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From AUG 2022 To DECEMBER Mentee's sign: St Mentors' sign: Uchir

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>4/11/22</u>	Date:
	<u>Slowed down a bit (submission)</u>	
	<u>Still same - good.</u>	
	<u>good.</u>	
	<u>fair.</u>	
	<u>Needs to work fair on goal oriented communication</u>	
	<u>of fair Needs to work.</u>	
	<u>Need to work.</u>	
	<u>→ How to get work done effectively? that.</u>	
	<u>* Overcome major emotional & professional communication setbacks</u>	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: SHREYA . L . MANWANI .

CONTACT NO.: 8888980398 .

MENTOR NAME: Dr . SONAM . TIWARI .

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	SHREYA. LALCHAND. MANWANI.		
Age with Birthdate	25 yrs / 09-06-1997.		
Gender	Female.		
Batch	2021-2022.		
Subject	Organan.		
Contact Number	8888980398		
Contact Email	shreya.manwani14@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Lalchand Manwani Age:	Profession	Businessman.
Education	10 th .	Contact Number	9405053982
Email id:	mlalchand40@gmail.com		
Mother	Reshma Manwani Age:	Profession	Housewife.
Education	12 th .	Contact Number	9403242034
Email id:	reshmanawani14@gmail.com		
Sibling/s	Jaykishan Manwani.	Profession	Businessman.
Education	M.E (Mechanical).	Contact Number	7798369688
Email id:	jaykishan.manwani@gmail.com		
Sibling/s		Profession	
Education		Contact Number	
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Jay Manwani.	Contact No., Email address	7798369688 jaykishan.manwani@gmail.com
2.	Neha Bajaj.	Contact No., Email address	8855090414
Medical History with Blood Group	A ⁺ .		
Family History of Illnesses			
UG College	Dr. ULHAS PATIL HOMOEOPATHIC MEDICAL COLLEGE; JALGAON.		
Unique experience with UG College			
Difficulties in UG	Practical Applications; Clinical knowledge.		
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	Dr. SONAM TIWARI MISHRA
Department	MEDICINE.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent Sindhi Colony, Navjeevan Society, Housing No-22, BHUSAWAL.	Local (if any)
Contact Details .:	Mentee : Shreya L. Manwani. Residence / Telephone/ Cell Number: 8888980398	Email: shreya.manwani14@gmail.com
Blood Group:	A ⁺ .	
Allergy:	-	
Hobbies:	Drawing; art work; dance; music.	
Aspirations:		
Personality Strengths:		
Weaknesses:	Lack of Confidence.	
Ability to adapt to different circumstances	Initially needs some time but adjust (long) according to situation.	
I am good at		
	My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama <input type="checkbox"/> dance.	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/7/22 To 20/7/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>4/7/22</u>	Date: <u>16/7/22</u>
Academic Progress	good	good
Development of a Good Doctor	good	good
Thinking Skills – for Analysis / Synthesis	good	good
Listening / Receiving skills	good	good
Effective communication skills	good	good
Life skills	good	good
Development of personality - Sport / Yoga / ECA	✓	✓
Suggestions by the Mentor	to be more vocal & communicative	To contribute in sessions & work accordingly
Achievements by the Mentee	-	-
Area to be worked on by the Mentee	To contribute and make suggestions in session	Integrated session → To contribute in session

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/8/22 To 30/8/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>3/8/22</u>	Date: <u>16/8/22</u>
	good	good
	satisfactory	satisfactory
	good	good
	good	good → to do better
	needs improvement	needs improvement
	Improved	Improved
	✓	✓
	Self → skills to be aquanted	To be communicative and vocal
	✓	-
	development of skills → self-tools	Communication skills

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/9/22 To 20/9/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>21/9/22</u>	Date: <u>24/9/22</u>
Academic Progress	<u>Satisfactory</u>	<u>Satisfactory</u>
Development of a Good Doctor	<u>Satisfactory</u>	<u>Satisfactory</u>
Thinking Skills – for Analysis / Synthesis	<u>Satisfactory</u>	<u>Satisfactory</u>
Listening / Receiving skills	<u>Satisfactory</u>	<u>Satisfactory</u>
Effective communication skills	<u>Satisfactory</u>	<u>Satisfactory</u>
Life skills	<u>Improved</u>	<u>Improved</u>
Development of personality - Sport / Yoga / ECA	<u>✓</u>	<u>✓</u>
Suggestions by the Mentor	<u>Assignments → to work on it on time</u>	<u>Session → to be more communicative</u>
Achievements by the Mentee	<u>✓</u>	<u>✓</u>
Area to be worked on by the Mentee	<u>Integrated session → to be more focused</u>	<u>To be more vocal & communicative in session</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/10/22 To 20/10/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>4/10/22</u>	Date: <u>21/10/22</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>Satisfactory</u>	<u>Satisfactory</u>
	<u>✓</u>	<u>✓</u>
	<u>Homoeopathic- feel to work on</u>	<u>SCHO- role to work on</u>
	<u>-</u>	<u>-</u>
	<u>See- tools, Contacting skills</u>	<u>Case taking skills</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/11/22 To 21/11/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>12/11/22</u>	Date: <u>30/11/22</u>
Academic Progress	<u>good</u>	<u>good</u>
Development of a Good Doctor	<u>good</u>	<u>good</u>
Thinking Skills – for Analysis / Synthesis	<u>satisfactory</u>	<u>Satisfactory</u>
Listening / Receiving skills	<u>Satisfactory</u>	<u>satisfactory</u>
Effective communication skills	<u>satisfactory</u>	<u>satisfactory</u>
Life skills	<u>satisfactory</u>	<u>Satisfactory</u>
Development of personality - Sport / Yoga / ECA	<u>✓</u>	<u>✓</u>
Suggestions by the Mentor	<u>Consistent and Discipline in Work</u>	<u>be more Communicative & expressive</u>
Achievements by the Mentee	<u>-</u>	<u>-</u>
Area to be worked on by the Mentee	<u>Homeopathic → expect to be studied well</u>	<u>Do assignments on time (dept session)</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/12/22 To 21/12/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>6/12/22</u>	Date: <u>22/12</u>
	<u>good</u>	
	<u>good</u>	
	<u>good</u>	
	<u>good</u>	
	<u>good</u>	
	<u>good</u>	
	<u>✓</u>	
	<u>Continue the good work</u>	
	<u>-</u>	
	<u>be more Communicative and expressive</u>	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: DIVYA BUDHWANI

CONTACT NO.: _____

MENTOR NAME: SONAM TIWARI MISHRA



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Bolar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Divya A. Budhwani		
Age with Birthdate	26yrs 25/01/1996		
Gender	Female		
Batch	2021-2022		
Subject	Psychiatry		
Contact Number	8624068597		
Contact Email	dr.budhwani.divya@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Asudaman R. Budhwani	Age: 57yrs	Profession Finance Broker
Education	B Pharm	Contact Number	9850309537
Email id:			
Mother	Shalini A. Budhwani	Age: 52yrs	Profession Housewife
Email id:	-		
Education	10 th std	Contact Number	9403368597
Sibling/s	Pawan A. Budhwani	Profession	Computer Engineer
Education	M Tech (BITS PILANE)	Contact Number	9403211711
Email id:	pawانبudhwani@gmail.com		
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Pawan A. Budhwani	Contact No., Email address	9403211711
2.	Contact No., Email address		
Medical History with Blood Group	Scarier, Hepus scarier, O ⁺		
Family History of Illnesses	MI		
UG College	Jakhmal shivallab. Homeopathic medical college		
Unique experience with UG College	-		
Difficulties in UG	Practical exposure		
How were those difficulties sorted out?	under guide for few months & Dr Sunil Wadkar sir, 1 month internship at PHC		


MENTOR'S DETAILS

Name of the Faculty	Medicine DR SONAM TIWARI MSc MHA
Department	PRACTICE OF MEDICINE
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent Everyeen towers, sitaram lalia colony, shankar nagar road, dnt	Local (if any)
Contact Details .:	Mentee : Residence / Telephone/ Cell Number: 8624068597	Email: dr.budhwani.divya@gmail.com
Blood Group:	O ⁺	
Allergy:	-	
Hobbies:	Drawing, singing, going out in nature	
Aspirations:	Wanted to get into Neuroscience field.	
Personality Strengths:	Patience	
Weaknesses:	Stage fear, public speaking, no confidence, unable to express	
Ability to adapt to different circumstances	to hold back myself when conflict happens & xyz person.	
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons	In childhood -> it was very difficult to read even in classroom, participate in annual functions, difficult to mix in group, even availability family functions, trying to shield people at any cost, love to go alone outside	
I like to learn by	<input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input checked="" type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/7/22 To 20/7/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>21/7/22</u>	Date: <u>16/7/22</u>
Academic Progress	<u>Average</u>	<u>Average</u>
Development of a Good Doctor	<u>satisfactory</u>	<u>satisfactory</u>
Thinking Skills – for Analysis / Synthesis	<u>satisfactory</u>	<u>satisfactory</u>
Listening / Receiving skills	<u>satisfactory</u>	<u>satisfactory</u>
Effective communication skills	<u>satisfactory</u>	<u>satisfactory</u>
Life skills	<u>good</u>	<u>good</u>
Development of personality - Sport / Yoga / ECA	<u>✓</u>	<u>-</u>
Suggestions by the Mentor	<u>to become more focused and accept to broad entry</u>	<u>to become more focused and goal oriented.</u>
Achievements by the Mentee	<u>-</u>	<u>-</u>
Area to be worked on by the Mentee	<u>Focus → Academic</u>	<u>Academic → psychiatry → synopsis</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/7/22 To 20/8/22 Mentee's sign: _____ Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>6/8/22</u>	Date: <u>15/8/22</u>
Academic Progress	<u>Average</u>	<u>Average</u>
Development of a Good Doctor	<u>Satisfactory</u>	<u>Satisfactory</u>
Thinking Skills – for Analysis / Synthesis	<u>satisfactory</u>	<u>satisfactory</u>
Listening / Receiving skills	<u>satisfactory</u>	<u>satisfactory</u>
Effective communication skills	<u>satisfactory</u>	<u>satisfactory</u>
Life skills	<u>good</u>	<u>good</u>
Development of personality - Sport / Yoga / ECA	<u>✓</u>	<u>✓</u>
Suggestions by the Mentor	<u>scr-tools → to get acquainted with</u>	<u>scr-tools to get acquainted with</u>
Achievements by the Mentee	<u>-</u>	<u>-</u>
Area to be worked on by the Mentee	<u>scr-operational manual leading</u>	<u>scr-operational manual</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/9/20 To 30/9/20 Mentee's sign: _____

Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress	satisfactory	satisfactory
Development of a Good Doctor	satisfactory	satisfactory
Thinking Skills – for Analysis / Synthesis	Satisfactory	satisfactory
Listening / Receiving skills	Satisfactory	satisfactory
Effective communication skills	satisfactory	satisfactory
Life skills	satisfactory	good-
Development of personality - Sport / Yoga / ECA	✓	✓
Suggestions by the Mentor	IPP- skills to improve	IPP → M&E → Monitoring → to improve
Achievements by the Mentee		
Area to be worked on by the Mentee		

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/10/20 To 30/10/20 Mentee's sign: _____

Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
	Improved	Improved
	satisfactory	Satisfactory
	Improved	Improved
	Improved	Improved
	Improved	Improved
	Improved	Improved
	✓	✓
	To be communicative in priority dept integrated	To Communicate in sessions [dept integrated]
	✓	✓

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/11/22 To 27/11/22 Mentee's sign: _____

Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>2/11/22</u>	Date: <u>18/11/22</u>
Academic Progress	<u>Average</u>	<u>Average</u>
Development of a Good Doctor	<u>Average</u>	<u>Average</u>
Thinking Skills – for Analysis / Synthesis	<u>Average</u>	<u>satisfactory</u>
Listening / Receiving skills	<u>Average</u>	<u>satisfactory</u>
Effective communication skills	<u>satisfactory</u>	<u>satisfactory</u>
Life skills	<u>good</u>	<u>good</u>
Development of personality - Sport / Yoga / ECA	<u>✓</u>	<u>✓</u>
Suggestions by the Mentor	<u>Focus Academic</u>	<u>Focus Academic</u>
Achievements by the Mentee	<u>SPD</u>	<u>SPD</u>
Area to be worked on by the Mentee	<u>✓</u>	<u>✓</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/12/22 To 31/12/22 Mentee's sign: _____

Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>4/12/22</u>	Date:
	<u>Average</u>	
	<u>Average</u>	
	<u>Average</u>	
	<u>Average</u>	
	<u>Average</u>	
	<u>Average</u>	
	<u>✓</u>	
	<u>To focus on Sch-working and reading.</u>	
	<u>-</u>	
	<u>See-practice</u>	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: VONCHA SHIVANI

CONTACT NO.: 9603034929

MENTOR NAME: DR. RAJESH YADAV

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	VONCHA. SHIVANI		
Age with Birthdate	27yrs DOB - 01/07/1995		
Gender	Female		
Batch	2021		
Subject	Paediatrics		
Contact Number	9603034929		
Contact Email	VShivani5991@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father V. Satyanarayana Reddy	Age: 54yrs	Profession: Regional manager at Varu pharmaceutical company Hyderabad	
Education: Graduate	Contact Number: 8686602318		
Email id: vonchasreddy1993@gmail.com			
Mother V. Varaja	Age: 48yr	Profession: Primary School teacher	
Email id: vonchavaraja1303@gmail.com			
Education: 12 th standard	Contact Number: 948098512		
Sibling/s V. Vamshider Reddy 29yr	Profession: Software engineer at Microsoft Texas		
Education: MSc computer science	Contact Number: 9728245628		
Email id: vamshider.voncha@gmail.com			
* Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1. Dr. Chandra shekar Goda	Contact No., Email address	9322882918 Sujchan18@gmail.com	
2.	Contact No., Email address		
Medical History with Blood Group - PCOD & Renal calculi Bld Group - B+ve			
Family History of Illnesses - Fa (PIH - Renal calculi) Mo - Healthy Brother - Healthy			
UG College	Bharatesh homeopathic medical college - Belgaum, Karnataka		
Unique experience with UG College	Participating and attending Seminars		
Difficulties in UG - we had clinical postings at peripheral hospitals but there used to be no one to guide us.			
How were those difficulties sorted out? Group discussions, self reading.			

MENTOR'S DETAILS

Name of the Faculty	Dr. Rajesh yadav
Department	Psychiatry
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent H.NO-4-44/4 plot no.4 Road no.5 Babanagar, Narapally, Hyderabad - 500088	Local (if any)
Contact Details ::	Mentee: VShivani	Email: VShivani5991@gmail.com
	Residence / Telephone/ Cell Number: 9603034929	
Blood Group:	B +ve	
Allergy:	-	
Hobbies:	Drawing, Crafts making, Gardening, Cooking	
Aspirations:	To excel in the field of Homoeopathy & to channelize my thoughts (creative) into fun activities through which I may include people who are in need.	
Personality Strengths:	Patience, Determined, Being creative	
Weaknesses:	Overthinking, emotional	
Ability to adapt to different circumstances	Yes, I adapt well, I think a lot & take up everything on me.	
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons	I would like to spend time & whom I am comfortable & I prefer silence most of the time Me-time matters most.	
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 6/7/22 To 20/7/22 Mentee's sign: V Shrivastava Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>6/7/2022</u>	Date: <u>20/7/2022</u>
Academic Progress	Engaging into regular reading	Partial work up of the Time Table
Development of a Good Doctor	Reading and assessing clinical waves	constantly engaging into NC notes & patient cases.
Thinking Skills - for Analysis / Synthesis	Poor and hasty work up on it	Not satisfactory & relies mostly on emotion
Listening / Receiving skills	Partially developed or worked upon	Taking effort to develop that & balance out of emotion
Effective communication skills	Not well, especially on floor. more	Staged communication but not much effective
Life skills	Partially or rarely Engaging into hobbies	Staged but not regular on hobbies
Development of personality - Sport / Yoga / ECA	Partial	Partial Painting occasionally
Suggestions by the Mentor	Share openly & physically	Share openly & physically about obstacles.
Achievements by the Mentee	Not satisfactory	Still not satisfactory
Area to be worked on by the Mentee	Physical health	Mental & Physical health

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 17/8/22 To 22/09/22 Mentee's sign: V Shrivastava Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>17/8/2022</u>	Date: <u>1/09/2022</u>
Academic Progress	Regular reading of the academic & other works.	clinical and academic related - satisfactory
Development of a Good Doctor	Sympathy is profound & desire to help &	establishing empathy may not be satisfactory & good effect
Thinking Skills - for Analysis / Synthesis	Emotionally which blocks the rationality at times.	Development & problem solving attitude
Listening / Receiving skills	Submissively state, working on the feeling thing	Development especially & Junior residents
Effective communication skills	work on it but blocked by sensitivity and emotion	& the team and the supervisors
Life skills	working on problem solving and critical thinking approach	Balanced the interpersonal & self-awareness
Development of personality - Sport / Yoga / ECA	Partially	occasional exercise & hobbies involvement
Suggestions by the Mentor	Receiving the suggestions as suggestions not criticism	Copy & stress & empathetic approach
Achievements by the Mentee	Participated in forenoon	Managed flow well on her own.
Area to be worked on by the Mentee	Engaging & compassion	Compassion, Resilience

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/10/22 To 1/11/22 Mentee's sign: V. Shivani Mentors' sign:

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>11/10/2022</u>	Date: <u>1/11/2022</u>
Academic Progress	Better and engaged into it regularly.	Doing good in terms of Exams preparation
Development of a Good Doctor	improved Empathy & Confession	Calm, co-operation & empathetic view point
Thinking Skills - for Analysis / Synthesis	Effective at the Personal and work level	good at all levels
Listening / Receiving skills	being open and sound.	better than the earlier
Effective communication skills	Improved a Personal and Clinical level.	established a good work level good
Life skills	Improved Decision making & Negligible reactions	good self awareness & sense of safe.
Development of personality - Sport / Yoga / ECA	Following at home especially Hobbies	Regularly engaged with the best due to Exam prep
Suggestions by the Mentor	Being open to new physician	Maintain the above
Achievements by the Mentee	Confident / at ease /	Happy / Satisfying / Balanced
Area to be worked on by the Mentee	Resilience	Exam preparation

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 16/9/22 to 1/7/2022

Name: Dr. Shivani. V.

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: V. Shivani

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	Regular Reading & Time management Good discussions
Development of a good doctor	Responsibility and work on the responsibility.
Thinking skills - for Analysis / Synthesis	-
Listening / Receiving skills	Regular exposure to CSEF for always the Receiving quality to improve
Effective communication skills	Sensitization process to balance & enhance communication.
Life skills	Regular Recreational activities.
Development of Personality	innocence & Trusting & Responsibility for improve

Remarks of Coordinator/Principal



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Dr. Gurmeet

CONTACT NO.: 8837701962

MENTOR NAME: Dr. Devangini Boker



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

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- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Gurmeet		
Age with Birthdate	16-03-1996	26 yrs	
Gender	Female		
Batch	2022		
Subject	Psy		
Contact Number	8837701962		
Contact Email	kgurmeet@225@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Harjot Singh	Age: 58 yrs	Profession LIC Agent
Education	BA	Contact Number	9466629326
Email id:	hsinghnain@gmail.com		
Mother	Smita Devi	Age: 55 yrs	Profession Housewife
Email id:			
Education		Contact Number	
Sibling/s	1 Brother 30 yrs	Profession	Engineer
Education	Pohteen civil engineer	Contact Number	8929719297
Email id:	nainpandep Singh@gmail.com		
Sibling/s		Profession	
Education		Contact Number	
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group	B+ve		
Family History of illnesses	mother → have backache & joint pain		
UG College	JRK homeopathic medical college, Rodek, Haryana		
Unique experience with UG College			
Difficulties in UG	→ In Repertory & clinical subject		
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	Dr. Devangini Broker
Department	Reperatory
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent Gurdamane wali Grehi Sika b. P. O. Loan Mohala U.P.O. Loan Ten. Narwaha, dist. JIND, Haryana India (126116 - Pin Code)	Local (if any)
Contact Details ::	Mentee : Dr. Gurmeet Residence / Telephone/ Cell Number: 8837701962	Email: kgurmeet225@gmail.com
Blood Group:	B+ve	
Allergy:	—	
Hobbies:	writing poem, playing chess	
Aspirations:		
Personality Strengths:		
Weaknesses:	Doesnot able to speak in public, Anxiety, Stage fear	
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	11/07/22	20/7/22
Sign of Parent with Date		
Sign of Mentor with Date		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 01/09/2022 To 20/09/2022 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>12/9/22</u>	Date: <u>28/9/22</u>
Academic Progress	<u>Good.</u>	<u>Good.</u>
Development of a Good Doctor	<u>Able to cope with New Env - learning the skills</u>	<u>Learning the language Marathi.</u>
Thinking Skills - for Analysis / Synthesis		
Listening / Receiving skills	<u>Good</u>	<u>Good</u>
Effective communication skills	<u>Good</u>	<u>Good</u>
Life skills	<u>Good</u>	<u>Good</u>
Development of personality - Sport / Yoga / ECA	-	-
Suggestions by the Mentor	<u>No suggestions</u>	<u>No suggestions</u>
Achievements by the Mentee		<u>Able to understand the communication in Marathi language.</u>
Area to be worked on by the Mentee	<u>Synopsis</u>	<u>Synopsis</u>

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 01/10/2022 To 31/10/2022 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>10/10/2022</u>	Date: <u>28/10/2022</u>
Satisfied with own progress working on synopsis.	<u>Improved.</u>	
language difficulty - marathi → ↓ confidence and avoiding patients.	-	
	-	
	<u>Good</u>	
	<u>HR difficulty work</u>	
	<u>Good</u>	
	<u>Good</u>	
	-	
<u>To talk in marathi & staff regarding confidence to insert treating physician.</u>	<u>No suggestions.</u>	
	-	
	-	

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



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HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: DR. DEVEY. SURESH. PARIT.

CONTACT NO.: +91 7506025734

MENTOR NAME: DR. RAJESH YADAV.



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

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PRELIMINARY INFORMATION OF MENTEE

Name	DEVY. SURESH. PARIT		
Age with Birthdate	25 years, 05/09/1996		
Gender	MALE		
Batch	2022		
Subject	REPERTORY		
Contact Number	7506025734		
Contact Email	devy.punit96@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Mr. SURESH PARIT	Age: 60 years	Profession Purchase Manager [Doctor]
Education	Contact Number 9833645596		
Email id:	ssparit@gmail.com		
Mother	Mrs. Maya Parit	Age: 56 years	Profession [WFM] Medical administrator / Marketing
Education	Contact Number 887942321		
Email id:	maya.punit@gmail.com		
Sibling/s	Mr. OMAY. PARIT	Profession	Manager.
Education	B.Sc., MBA.	Contact Number	9614500886
Email id:			
Sibling/s	Mr. HIRANSHU ROYADE	Profession	Manager.
Education	B.COM., MBA	Contact Number	97699032737
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Mr. Omay. Parit.	Contact No., Email address	9614500886
2.		Contact No., Email address	GERD, IBS.
Medical History with Blood Group	? Migraine & episodic N/A, AB Positive.		
Family History of illnesses	DHEM.		
UG College	E.B. GADKARI AMCH.		
Unique experience with UG College	THE FIRST TIME AWAY FROM HOME, GOOD		
Difficulties in UG	- I/O > FOOD.		
How were those difficulties sorted out?	-> COOKED MYSELF, FIXABLE MESS.		



MENTOR'S DETAILS

Name of the Faculty	DR. RAJESH YADAV.
Department	PSY.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent B301, B wing ARIFA BLDG, GUAYKUL CHS 83 DONNAT NAGAR, GOREGAON WEST MUMBAI - 62.	Local (if any)
Contact Details ::	Mentee : 7506025734	Email: devy.punit96@gmail.com
	Residence / Telephone/ Cell Number:	
Blood Group:	AB (ve) Positive.	
Allergy:	LOBSTERS Accident A	
Hobbies:	FOOTBALL, SWIMMING, MOVIE FANATIC, GARDENING, GAMING	
Aspirations:	-	
Personality Strengths:	Not comfortable disclosing	
Weaknesses:	Not comfortable disclosing	
Ability to adapt to different circumstances	GOOD.	
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input checked="" type="checkbox"/> Drama	
I am	Introvert ?	Extrovert ?
Give Reasons	-	
I like to learn by	<input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:


 10/7/22		 10/7/22
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

AV.
of Experience Learning

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 11/07/22 To 2/11/2022

Mentee's sign: 

Mentors' sign: 


Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 11/07/2022	Date: 2/11/2022
Academic Progress	Engaging into the work & the activities suggested	Regular clinical work & academic work of department & integrated
Development of a Good Doctor	Getting exposed to many cases & open perspective	Accepting one self as one and try to engage into clinical duties
Thinking Skills - for Analysis / Synthesis	Using CSEF as a tool to explore self and the response	Case working and discussion in out patient & in patient department.
Listening / Receiving skills	Discussion & Supervision & open mind to see possibilities	Case receiving as a part of the process.
Effective communication skills	Engaging & Patients may allow to overcome the internal hurdle	Share ideas in discussion of departmental & clinical duties.
Life skills	Try to see & explore Nature visits	Not much into as of Now
Development of personality - Sport / Yoga / ECA	- Getting involved into regular physical activities for maintaining physical health	Not regularly
Suggestions by the Mentor	Find a person/physician to talk freely to	Engaging into healthy community & friends to talk about self & progress
Achievements by the Mentee	Participation into regular clinical work	Engaging into discussion
Area to be worked on by the Mentee	Find a physician	Find a physician.


Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 7/12/2022 To _____

Mentee's sign: 

Mentors' sign: 

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 7/12/2022	Date:
	Partially Engaging into academics	
	Engaging into community patients - learn new skills.	
	Not much due to the block of physical health	
	Evolve through life experiences	
	Much engage more	
	Find obstacles in form of Introversion Quality.	
	Partially attached to due to impaired physical ability	
	Approach a physician for physical & mental health as priority	

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

MLDMHI MENTORING PROGRAM

1st meet

Fortnightly Progress Sheet

09/06/2022

Fortnight: From 9/06/22 to —

Name: N. Devay Suresh Parit

Year: 2022

Dept: O / M (R) / Med / Ped / Psy

Mentee's Sign:

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	
Development of a good doctor	improved two way and open communication
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	open / mutual / respectful effective communication to any hesitations.
Life skills	
Development of Personality	

Remarks of Coordinator/Principal





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MENTORING RECORD BOOK

MENTEE NAME: DR. MRUNALI DINESH KAUSHIK.

CONTACT NO.: 8551839608

MENTOR NAME: DR. DEVANGINI. BROKER.



July - Nov 22

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK

*Mentee's
Photo*

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PRELIMINARY INFORMATION OF MENTEE

Name	DR. MRUNALI . DINESH . KAUSHIK .		
Age with Birthdate	10 th May 1995 . 27 years .		
Gender	FEMALE		
Batch	2020-21		
Subject	Homoeopathic Materia Medica .		
Contact Number	8551839608		
Contact Email	kaushikmrunali@gmail.com .		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Age: 56 years	Profession	Service in SBI
Education	Contact Number		
Email id:			
Mother	Age: 52 years	Profession	Educational tuitions .
Education	M. Com		
Siblings	Brother		
Education	: PhD		
Email id:	harshaldkaushik@gmail.com		
Siblings	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group	BG - B +ve .		
Family History of illnesses	Fg - HTN		
UG College	Motiwala Homoeopathic Medical college .		
Unique experience with UG College	+ participation in street plays & going to camps		
Difficulties in UG	- good exp in theoretical knowledge , but not much exposure of the patients , +		
How were those difficulties sorted out?	We were sent out for internship in different hospitals .		



MENTOR'S DETAILS

Name of the Faculty	DR. DEVANGINI . BROKER .
Department	REPERTORY .
Change of Mentor	-

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent 63, SAIRAM, PRASAD NAGAR, BEHIND AKASH PETROLEUM, DINDORI ROAD, NASHIK .	Local (if any)
Contact Details .:	Mentee : <input checked="" type="checkbox"/> Residence / Telephone/ Cell Number: 8551839608 .	Email: kaushikmrunali@gmail.com
Blood Group:	B +ve .	
Allergy:	-	
Hobbies:	Drawing , Rangoli , Crafts , Music .	
Aspirations:		
Personality Strengths:	I think I am sincere , likes to complete work .	
Weaknesses:	Underconfident , fearful .	
Ability to adapt to different circumstances	Little difficult to adapt to new place as not left home till now .	
I am good at	Rangoli , Crafts & Music . My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	<input checked="" type="checkbox"/> Introvert <input type="checkbox"/> Extrovert	
Give Reasons	Feels shy to talk with new peoples at first , But cannot share all things in all , only a few specific friends .	
I like to learn by	<input type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input checked="" type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From July '22 To Sept Aug '22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>July '22</u>	Date: <u>Aug '22</u>
Academic Progress	Oriented about planning of basic study as per syllabus.	Basic tips given to improve the plan for study.
Development of a Good Doctor	Solving the case.	IPD - more focus on Examination skills.
Thinking Skills - for Analysis / Synthesis	Solving case based problems.	Solving case based problem.
Listening / Receiving skills	No suggestion.	No suggestion.
Effective communication skills	Discuss the doubts.	Motivated to ask the doubts.
Life skills	No suggestion.	No suggestion.
Development of personality - Sport / Yoga / ECA	Advised to do yoga.	No suggestion.
Suggestions by the Mentor	<u>[Signature]</u>	<u>[Signature]</u>
Achievements by the Mentee	Satisfactory.	Satisfactory.
Area to be worked on by the Mentee	Life skills / Academic.	-

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From Sept '22 To Nov '22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>Sept '22</u>	Date: <u>Oct '22</u>
To develop the Algorithm / flow diagram / Research.	To develop the flow diagram / Algorithm of In-ostar.	To develop the algorithm / notes for Advanced level RASB.
IPD - more focus on improving Examination skills.	More focus on Clinical AS / Exam in IPD and well IPD.	Anti-practice in coming to ASB.
Solving Case Based problem.	Solving case based problem.	Solving Case Based questions.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.
No suggestion.	No suggestion.	No suggestion.

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Medha Mohan Vanage

CONTACT NO.: 7507782198

MENTOR NAME: DR Devangini B.



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK

*Mentee's
Photo*

FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name			
Age with Birthdate	Medha Mohan Vanage		
Gender	female		
Batch			
Subject	Paediatric		
Contact Number	7507782198		
Contact Email	medharani1995@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father Mohan V	Age: male	Profession	
Education	Contact Number 9821824732		
Email id:			
Mother Shradha	Age: female	Profession	Statistic offer
Email id:			
Education	Contact Number		
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group			
Family History of illnesses			
UG College	Dapoli Homoeopathic medical collage		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			


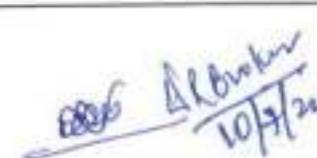
MENTOR'S DETAILS

Name of the Faculty	
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent	Local (if any)
Contact Details .:	Mentee : Residence / Telephone/ Cell Number:	Email:
Blood Group:		
Allergy:		
Hobbies:		
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert	Extrovert
Give Reasons		
I like to learn by	<input type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From July 2022 To Aug 2022 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>July 2022</u>	Date: <u>Aug 2022</u>
Academic Progress	Oriented about planning of study exam point views	tips given to improve plan for study
Development of a Good Doctor	Solving case - clinical aspect	IPD/OPD - More focus on Examination study
Thinking Skills - for Analysis / Synthesis	Solving Case Based problem	Solving Case Based Problem
Listening / Receiving skills	No suggest	No suggest
Effective communication skills	No suggest	No suggest
Life skills	No suggest	No suggest
Development of personality - Sport / Yoga / ECA	Sport - Dahi handi	Sports Dahi handi
Suggestions by the Mentor	Nil	Nil
Achievements by the Mentee	Went on trekking Dahi handi at <u>Indian Army</u>	Go for Dahi handi celebration at <u>Indian Army</u>
Area to be worked on by the Mentee	Case presentation	Meeting Time Management

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From Sept. '22 To Nov. '22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: <u>Sept 2022</u>	Date: <u>Oct 2022</u>	Date: <u>Nov. 2022</u>
To study RMB with the flow diagram	To study RMB with flow of diagram	To prepare the notes - diagrams and flow of paper effectively	
IPD/OPD: more focus on Examination skills	IPD/OPD: more focus on Examination skills	-	
Solving Case Based problem	Solving Case Based problem	-	
} No suggest	} No suggest	} No suggest	
Yoga to imp. Concentration	Yoga to imp. Concentration	Yoga to improve Concentration	
Nil	Nil	NO	
stand working solving kincha	able to grasp the subject under paper	-	
Confidence	Confidence	Confidence	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME:

DR. VIBHUTI POYAREKAR

CONTACT NO.:

MENTOR NAME:

Dr. Shama Rao



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Bolar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK

*Mentee's
Photo*

FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	VEDHUTE VEVEK POYAREKAR.		
Age with Birthdate	27 YEARS, 26 th AUGUST 1995.		
Gender	FEMALE		
Batch			
Subject	REPERTORY		
Contact Number	9619803203		
Contact Email	VEESHECTIO@gmail.com.		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	VEVEK	Age: 65 YRS.	Profession CHEMICAL ENGINEER.
Education	Contact Number 9869905204.		
Email id:			
Mother	VAIDEHE	Age: 54 YRS	Profession HOUSEWIFE
Email id:			
Education	Contact Number 9820891829.		
Sibling/s	-		
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group A+ve.			
Family History of Illnesses DM, HTN, dyslipidaemia.			
UG College	BHARATI VIDYAPEETH		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	DR. SHAMA RAO MAIAM
Department	MEDICINE.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent 4602, SUNDEW, SWASTIK PARK, VILAGE ROAD, HANUR (W) MUMBAI - 400 078.	Local (if any)
Contact Details ::	Mentee : Residence / Telephone/ Cell Number: 9619803203.	Email:
Blood Group:	A+ve.	
Allergy:	-	
Hobbies:	DRAWING, PAINTING, READING BOOKS.	
Aspirations:		
Personality Strengths:	RESILIENT	
Weaknesses:	ANXIOUS, LOW CONFIDENCE.	
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

PRELIMINARY INFORMATION OF MENTEE

Name	VEBHUTE VEVEK POYAREKAR.		
Age with Birthdate	27 YEARS, 26 th AUGUST 1995.		
Gender	FEMALE		
Batch			
Subject	REPERTORY		
Contact Number	9619803203		
Contact Email	veeshreeio@gmail.com.		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	VEVEK	Age: 65 YRS.	Profession CHEMICAL ENGINEER.
Education	Contact Number 9869905204.		
Email id:			
Mother	VAIDEHE	Age: 54 YRS	Profession HOUSEWIFE
Email id:			
Education	Contact Number 9820891829.		
Sibling/s	-		
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group A+ve.			
Family History of Illnesses DM, HTN, dyslipidaemia.			
UG College	BHARATI VIDYAPEETH		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	DR. SHAMA RAO MA'AM
Department	MEDICINE.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent 4602, SUNDEW, SWATEK PARK, VERAJE ROAD, NANUR (W) MUMBAI - 400 078.	Local (if any)
Contact Details ::	Mentee : Residence / Telephone/ Cell Number: 9619803203.	Email:
Blood Group:	A+ve.	
Allergy:	-	
Hobbies:	DRAWING, PAINTING, READING BOOKS.	
Aspirations:		
Personality Strengths:	RESILIENT	
Weaknesses:	ANXIOUS, LOW CONFIDENCE.	
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *SM Rao*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 1/7/22 → 31/7/22	Date: 1/8/22 → 31/8/22
Academic Progress	Can do more focused studies.	Should read more. Organize study.
Development of a Good Doctor	+ve change.	+ve.
Thinking Skills – for Analysis / Synthesis	Development in progress.	Needs to do better.
Listening / Receiving skills	Good.	Good.
Effective communication skills	Needs to improve.	IPD issue faced with colleague. Discussed. Told to sort out by talking.
Life skills	No issues.	Needs to sort out issues at proper time rather than carrying on the load.
Development of personality - Sport / Yoga / ECA	Needs to be active participant.	Yoga suggested.
Suggestions by the Mentor	Be focused.	Focus on objective → to be in Institute.
Achievements by the Mentee	Better communication	+ve efforts.
Area to be worked on by the Mentee	Confidence.	Communication.

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *SM Rao*

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: 1/9/22 → 30/9/22	Date: 1/10/22 → 31/10/22	Date: 1/11/22 → 30/11/22
Focused study in view of prelims due in Nov. 22.	Doing good.	Focus on Prelims.	
+ve	+ve. Enjoys work.	+ve.	
↓ sing emotional thinking.	Need to develop rational thinking.	Needs to do better.	
Good.	Good.	Good.	
Now not keeping any back lingering issues. Facing no issues at IPP/OAD.	Good communication with others.	Better.	
↓ will use in other areas as well.	No issues.	No issue.	
Yoga.	Yoga.	Yoga.	
Focus on self development.	Study-organization.	Organized study. plan Better.	
+ve efforts.	Better actions & serve purpose.	+ve efforts.	
Study.	Confidence.	Study & Prelim Exams.	

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *[Signature]* Mentors' sign: *SMRao*

Area	Discussion : Tips / Advise / Suggestions Shared	
<i>2/12/2022</i>	Date: <i>2/12/2022</i>	Date:
Academic Progress	<i>Good: - in Research Needs to work hard → in advanced paper & Reputory paper.</i>	
Development of a Good Doctor	-	
Thinking Skills - for Analysis / Synthesis	<i>Practice the papers - old Qⁿ asked → formulate answers - writing practice.</i>	
Listening / Receiving skills		
Effective communication skills	<i>Tips given to deal anxiety → & remove the emotional load.</i>	
Life skills		
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor	<i>Go to Question Bank. Organize study by Algorithm or chart pattern.</i>	
Achievements by the Mentee		
Area to be worked on by the Mentee	<i>Reputory portion → Qⁿ. Advanced subjects.</i>	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: _____ Mentors' sign: _____

Area	Discussion : Tips / Advise / Suggestions Shared	
Date:	Date:	Date:

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Dr. Dipali s. Bhatt

CONTACT NO.: 9727576950

MENTOR NAME: Dr. Shama Rao



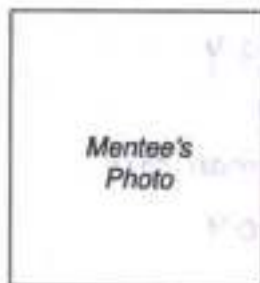
DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

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- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dipali s. Bhatt		
Age with Birthdate	264, 4/11/1995		
Gender	Female		
Batch			
Subject	Repertory		
Contact Number	9727576950		
Contact Email	dipalibhatt41@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Satishchandra Bhatt	Age: 624	Profession Family Buiseness
Education	electric supervisor	Contact Number	9726934811
Email id:	satishbhatt596@gmail.com		
Mother	Urmila Bhatt	Age: 604	Profession Retired Teacher
Email id:	-		
Education	B.A.(Hindi), Pre-PTC	Contact Number	9409259321
Sibling/s	Sister-elder	Profession	Teacher
Education	M.Sc (physics), B.Ed	Contact Number	9913157724
Email id:	avanibhatt17@gmail.com		
Sibling/s	-	Profession	-
Education	-	Contact Number	-
Email id:	-		
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group	'AB' positive		
Family History of Illnesses	M.Fa - Dm, GF, Uncle - Dm, GM - Cancer		
UG College	Shree B.A. Dange Hom. Medical coll., Rajkot		
Unique experience with UG College	Good		
Difficulties in UG			
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	Department of medicine
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent "AUM", Bhatt street, soni bazar, darbangadh chowk, Rajkot-360001	Local (if any)
Contact Details .:	Mentee : Residence / Telephone/ Cell Number: 9727576950	Email:
Blood Group:	AB positive	
Allergy:		
Hobbies:		
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert	Extrovert <input checked="" type="checkbox"/>
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

 14/07/22		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 4 To _____ Mentee's sign: [Signature] Mentors' sign: SM Rao

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 1/7/22 → 31/7/22	Date: 1/8/22 → 31/8/22
Academic Progress	Good.	Good.
Development of a Good Doctor	Focused. Sincere in work.	Good.
Thinking Skills – for Analysis / Synthesis	Needs to improve	Thinks overburdened at times due to work
Listening / Receiving skills	Good.	Good.
Effective communication skills	Needs to be effective	Needs to tell clearly – what is achievable for her in stipulated given time.
Life skills	No issue	No issue
Development of personality - Sport / Yoga / ECA	ECA	ECA
Suggestions by the Mentor	Focus on good work	Make a list. Decide which work needs priority.
Achievements by the Mentee	Trying her best.	+ve efforts
Area to be worked on by the Mentee	communication.	Prioritize study topics.

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: [Signature] Mentors' sign: SM Rao

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: 1/9/22 → 30/9/22	Date: 1/10/22 → 31/10/22	Date: 1/11/22 → 30/11/22
Good.	Good.	Studying well for the prelims.	
Sincere in OPP/ IPD work. Can think analytical Good.	Takes good interest in taking & solving cases. Improved thinking. Good.	Sincere. → Learning analytical thinking. Good.	
Needs to improve	Do not pile up unresolved matters within her. Sort out timely	Better – Trying communication Sorting out matter.	
No issues	No issues	No issue.	
Yoga.	ECA	Yoga → Meditation.	
Priority Based work	Prioritize – work & do time management.	Prelims – due. So prepare timetable & study. ↓ Solve past Exams papers.	
→ Trying her best	+ve.	+ve attitude.	
Focus.	Communication.	Focus on Study & exams	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/7/22 To 31/7/22 Mentee's sign: [Signature] Mentors' sign: SM Rao

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: 1/7/22 → 31/7/22	Date: 1/8/22 → 31/8/22
Academic Progress	Good.	Good.
Development of a Good Doctor	Focused. Sincere in work.	Good.
Thinking Skills – for Analysis / Synthesis	Needs to improve	Thinks overburdened at times due to work
Listening / Receiving skills	Good.	Good.
Effective communication skills	Needs to be effective	Needs to tell clearly - what is achievable for her in stipulated given time.
Life skills	No issue	No issue
Development of personality - Sport / Yoga / ECA	ECA	ECA
Suggestions by the Mentor	Focus on good work	Make a list. Decide which work needs priority
Achievements by the Mentee	Trying her best.	+ve efforts
Area to be worked on by the Mentee	Communication.	Prioritize study topics.

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: [Signature] Mentors' sign: SM Rao

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: 1/9/22 → 30/9/22	Date: 1/10/22 → 31/10/22	Date: 1/11/22 → 30/11/22
Good.	Good.	Studying well for the prelims.	
Sincere in OPP/ IPD work. Can think analytical Good.	Takes good interest in taking & solving cases. Improved thinking. Good.	Sincere. → Learning analytical thinking. Good.	
Needs to improve	Do not pile up unsolved matters within her. Sort out timely	Better - Trying communication Sorting out matter.	
No issues	No issues	No issue.	
Yoga.	ECA	Yoga → Meditation.	
Priority Based work	Prioritize - work & do time management.	Prelims - due. So prepare timetable & study. ↓ Solve past Exams papers.	
→ Trying her best	+ve.	+ve attitude.	
Focus.	Communication.	Focus on Study & exams	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: DR. KEJIA K. JAWALIA

CONTACT NO.: 7045250284

MENTOR NAME: DR. NIKITA MEHTA

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	KEJIA KASTURILAL JAWALIA.		
Age with Birthdate	(25), 1997		
Gender	FEMALE ♀		
Batch	2021-2022.		
Subject	ORGANON.		
Contact Number	7045250284.		
Contact Email	kejiajawalia@gmail.com.		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Age:	Profession	BUSINESS.
Education -	MBA.	Contact Number	9819460156.
Email id:	kjawalia@gmail.com.		
Mother	Age:	Profession	HOME MAKER.
Email id:	jawaliasaty@gmail.com.		
Education	B.Sc.	Contact Number	9892437758.
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person's OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
	Dr. Anand Ram Kapse.		9371721780, ankapse@gmail.com.
2.	Contact No., Email address		
Medical History with Blood Group	O +ve.		
Family History of illnesses			
UG College	VIRAR HOMOEOPATHIC MEDICAL COLLEGE.		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			

MENTOR'S DETAILS

Name of the Faculty	
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincod Number:	Permanent #65/A, Divine Heritage, Jeeval Park, Bhayander East. Thane - 401105.	Local (if any)
Contact Details .:	Mentee : Residence / Telephone/ Cell Number: 7045250284.	Email: kejiajawalia@gmail.com.
Blood Group:	O +ve.	
Allergy:	-	
Hobbies:	Reading, writing, music.	
Aspirations:	M.D.	
Personality Strengths:	Honest, truthful.	
Weaknesses:	Workaholic,	
Ability to adapt to different circumstances	Good.	
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert AS WELL AS Extrovert	
Give Reasons		
I like to learn by	<input type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/7/22 To 15/7/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>3/7/22</u>	Date: <u>12/7/22</u>
Academic Progress	Difficulty in submitting assignments & expressing self.	showing improvement
Development of a Good Doctor	Fair	
Thinking Skills – for Analysis / Synthesis	Difficulty in classification of symptoms - Do case like to do case working.	
Listening / Receiving skills	Fair	
Effective communication skills	Need to improve	Approaching teachers now
Life skills	Need to improve	
Development of personality - Sport / Yoga / ECA	Fair	
Suggestions by the Mentor	To keep a to do list & time management work on day to day cases	showing improvement
Achievements by the Mentee	Some improvement shown	
Area to be worked on by the Mentee	Academic + Thinking skills	Academic + Thinking skills

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 16/7/22 To 31/7/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>20/7/22</u>	Date: <u>27/7/22</u>
Academic Progress	Difficulty in reading from books Improved than before in submissions.	Improvement ⊕.
Development of a Good Doctor	Fair	
Thinking Skills – for Analysis / Synthesis	Difficulty in laboring for actions	
Listening / Receiving skills	-	
Effective communication skills	-	
Life skills	-	
Development of personality - Sport / Yoga / ECA	-	
Suggestions by the Mentor	Use Audio books Record own thoughts/reasons	
Achievements by the Mentee	Working better a bit	Improved
Area to be worked on by the Mentee	Academic + adapting to new methods	Improved

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/8/22 To 15/8/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>3/8/22</u>	Date: <u>10/8/22</u>
Academic Progress	Better than before but difficulty in regular sustained performance	Improvement ⊕
Development of a Good Doctor	Fair	
Thinking Skills – for Analysis / Synthesis	Better	
Listening / Receiving skills	—	
Effective communication skills	—	
Life skills	—	
Development of personality - Sport / Yoga / ECA	—	
Suggestions by the Mentor	To work out cases in OPD - Respiratory, General & Nephro to supervisors	To watch videos online & discuss cases regularly
Achievements by the Mentee	Working on previous inputs Improvement ⊕	
Area to be worked on by the Mentee	Day to Day functioning	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 16/8/22 To 31/8/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>24/8/22</u>	Date:
	Improvement ⊕⊕ wants to know more about research	
	Fair	
	Improving	
	Fair	
	Fair	
	Fair	
	Fair	
	Reading & Practicing regularly	
	Some improvement in day-to-day work	
	Academic + Clinical	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/9/22 To 15/9/22 Mentee's sign:  Mentors' sign: Amelita

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>2/9/22</u>	Date: <u>12/9/22</u>
Academic Progress	Wants to learn research practically.	Better work needed in assignments
Development of a Good Doctor	Improved than before	Improved.
Thinking Skills – for Analysis / Synthesis		
Listening / Receiving skills	Improved	Improved
Effective communication skills		
Life skills		
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor	To know about researches going on in institute	Submit assignments on time
Achievements by the Mentee		
Area to be worked on by the Mentee	Attend regular OPDs & understand concepts of research	Better engagement & tasks allotted & regular reading needed.

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

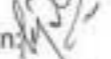
Fortnight: From 16/9/22 To 30/9/22 Mentee's sign:  Mentors' sign: Amelita

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>19/9/22</u>	Date: <u>27/9/22</u>
Feedback report writing needs improvement. Need to mention learning properly.	showing some improvement	
Unable to engage to the process of analysis & evaluation. Jump to remedy.		
Difficulty in communicating the queries exactly.		
Need to work on inner motivation, focus & concentration.		
Need to enroll for Yoga classes.	Need to participate in ECA.	
Need better engagement with academic sessions		
Increase focus & concentration.		

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/10/22 To 31/10/22 Mentee's sign:  Mentors' sign: Amelita

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>7/10/22</u>	Date: <u>20/10/22</u>
Academic Progress	<u>showing improvement</u>	<u>Improved</u>
Development of a Good Doctor		
Thinking Skills - for Analysis / Synthesis	<u>Better</u>	<u>Improved</u>
Listening / Receiving skills		
Effective communication skills		
Life skills		
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor	<u>Continue with the same good work</u>	<u>To go ahead @ same pace</u>
Achievements by the Mentee		
Area to be worked on by the Mentee		

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

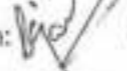
Fortnight: From 1/11/22 To 30/11/22 Mentee's sign:  Mentors' sign: Amelita

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: <u>4/11/22</u>	Date: <u>17/11/22</u>	Date: <u>23/11/22</u>
No difficulties at present	<u>No issues</u>	<u>No issues</u>	<u>No issues</u>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 1/12/22 To 31/12/22 Mentee's sign:  Mentors' sign: Amenta

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>5/12/22</u>	Date:
Academic Progress		
Development of a Good Doctor	<u>Need to work on critical care & handling self during that.</u>	
Thinking Skills – for Analysis / Synthesis		
Listening / Receiving skills		
Effective communication skills		
Life skills	<u>Getting anxious in handling critical patients in ICU.</u>	
Development of personality - Sport / Yoga / ECA		
Suggestions by the Mentor	<u>To work on caring for self's anxiety.</u>	
Achievements by the Mentee		
Area to be worked on by the Mentee	<u>Can take help of others when in need.</u>	

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: _____ Mentors' sign: _____

Area	Discussion : Tips / Advise / Suggestions Shared	
Date:	Date:	Date:

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: DR. NEHA RAMESH WAGHADE

CONTACT NO.: 8605552692

MENTOR NAME: DR. NIKITA MEHTA



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK

*Mentee's
Photo*

FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

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Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
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- ✓ Focus is on career and personal development
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- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Neha Ramesh Waghade		
Age with Birthdate	27 yrs DOB - 17/12/1994		
Gender	Female		
Batch	2020-21		
Subject	Homoeopathic Materia Medica		
Contact Number	8605552692		
Contact Email	nehawaghade12@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father Ramesh Waghade Age:	Profession Naib Tahasildar (Retired)		
Education	Contact Number 8830231553		
Email id:			
Mother Nikita Waghade Age:	Profession House wife		
Email id:	-		
Education 12 th	Contact Number 9130017126		
Sibling/s Pranali Kohapare	Profession House wife.		
Education B.Pharm	Contact Number 7972945561		
Email id:			
Sibling/s Nakul Waghade	Profession Student		
Education BFA (3 rd yr)	Contact Number 9373613961		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group			
Family History of Illnesses -			
UG College	Gondia Homoeopathic Medical college.		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			


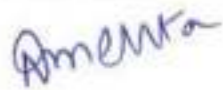
MENTOR'S DETAILS

Name of the Faculty	Dr. Nikita Mehta
Department	Paediatrics.
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent - Sahukar Nagar Lapka road, Near Hanuman Mandir, Mouda, 441104 Dist-Nag. Stat-Mah.	Local (if any)
Contact Details ::	Mentee : Residence / Telephone/ Cell Number: 8605552692	Email: nehawaghade12@gmail.com.
Blood Group:	'B' positive.	
Allergy:	-	
Hobbies:	Drawing, Painting.	
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *Rishabh* Mentors' sign: *Amruta*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <i>July 2022</i>	Date: <i>August 2022</i>
Academic Progress	<i>No difficulties faced</i>	<i>occ. diff due to language barrier</i>
Development of a Good Doctor	<i>Fair</i>	
Thinking Skills – for Analysis / Synthesis	<i>Fair</i>	
Listening / Receiving skills	<i>Fair</i>	
Effective communication skills	<i>Fair</i>	<i>Needs to be more confident</i>
Life skills	<i>Fair</i>	<i>Can be better</i>
Development of personality - Sport / Yoga / ECA	<i>Needs improvement Feels shy & hesitant</i>	
Suggestions by the Mentor	<i>To be 2 friends, participate in ECA</i>	<i>To use medical dictionary & ask her doubts freely</i>
Achievements by the Mentee	<i>Improved in academics</i>	<i>Improvement seen</i>
Area to be worked on by the Mentee	<i>Increase confidence</i>	<i>Need to overcome fears & anxieties</i>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *Rishabh* Mentors' sign: *Amruta*

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: <i>SEPT. 2022</i>	Date: <i>OCT. 2022</i>	Date: <i>NOV. 2022</i>
	<i>occ. anxieties in GD Feels lack of confidence</i>	<i>Improved</i>	<i>Improved</i>
			<i>Improved</i>
			<i>Good</i>
			<i>Good</i>
	<i>Improved</i>	<i>Improved</i>	<i>Good improvement</i>
		<i>Improved</i>	
	<i>Adv. Yoga for improved confidence / anxiety</i>	<i>Adv. to participate in street-plays</i>	
	<i>Improvement seen</i>	<i>Improved</i>	<i>Participating in ECA & Yoga now</i>

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Vaishnavi Mahesh Bharade

CONTACT NO.: 7588439450

MENTOR NAME: Prashant Tamboli

MLDMHI Mentoring Program

MENTORING RECORD BOOK



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- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Vaishnavi Mahesh Bhavade		
Age with Birthdate	24 years DOB - 21 st September 1997		
Gender	Female		
Batch	2021-22		
Subject	HMM		
Contact Number	7588439450		
Contact Email	vaishnavimlb617@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father Mahesh Bhavade	Age: 52	Profession Gov. Contractor & Supplier	
Education BE (Civil Engineer)	Contact Number 7768079576		
Email id: mlbharade19.mb@gmail.com			
Mother Shital Bhavade	Age: 48	Profession Business (Saree Shop)	
Email id: shitalbhavade.sb@gmail.com			
Education BA (English)	Contact Number 9822406232		
Sibling/s Ayush Bhavade	Profession CA		
Education Pursuing CA	Contact Number 7776823332		
Email id: ayushbhavade@gmail.com			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person's OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group:- B+ve			
Family History of Illnesses :- F- DM (Borderline)			
UG College	Dr. Uthas Patil Homoeopathic Medical College, Jalgaon		
Unique experience with UG College	Clinical exposure was good because of hospital center.		
Difficulties in UG - Didn't had much of guidance & lectures during UG.			
How were those difficulties sorted out? . Self study, Seminars, Different courses.			



MENTOR'S DETAILS

Name of the Faculty	
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent : S.NO. 206/1 To 11; B.NO. 102 Padmalaya Appt, Purshottam Nagar, Bhusawal Pin Code - 425201	Local (if any)
Contact Details .:	Mentee : 7588439450 Residence / Telephone/ Cell Number:	Email: vaishnavimlb617@gmail.com
Blood Group:	B+ve	
Allergy:	Sun ; Dust ; Grass.	
Hobbies:	Dancing, Drawing, Reading, Listening Music.	
Aspirations:		
Personality Strengths:	Practical persons, Very particular about work, punctual.	
Weaknesses:	Lazy.	
Ability to adapt to different circumstances	Easily adapt to any circumstance.	
I am good at	Reading, Dancing, Drawing. My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input checked="" type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons	Can't open up easily to any or talk. Casually/Professionally talk to many people but not many people know me.	
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

 5/7/22		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: *Sanade* Mentors' sign: *PP*

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <i>11/10/22</i>	Date:
Academic Progress	<i>Good</i>	
Development of a Good Doctor	<i>Improving</i>	
Thinking Skills – for Analysis / Synthesis		
Listening / Receiving skills	<i>Good</i>	
Effective communication skills	<i>Hesitant to engage in communication</i>	
Life skills	<i>To engage</i>	
Development of personality - Sport / Yoga / ECA	<i>Sports - Occasionally Drawing - Frequently</i>	
Suggestions by the Mentor	<i>To engage in communication To track time for a week</i>	
Achievements by the Mentee		
Area to be worked on by the Mentee	<i>To prepare timetable on entire week.</i>	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: _____ Mentors' sign: _____

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

**DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE, PALGHAR**

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Dr. Saingra Rupani

CONTACT NO.: 724987 2908

MENTOR NAME: Dr. Prashant Tamboli



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK

*Mentee's
Photo*

FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Sanya Rupani		
Age with Birthdate	02/08/1996 25 years		
Gender	female		
Batch	2020		
Subject	Paediatrics		
Contact Number	7249872908		
Contact Email	Sanyarupani28@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Shakeel Rupani	Age: 60	Profession Businessman
Education	post. Graduate		Contact Number 9422872908
Email id:	-		
Mother	Masuma Rupani	Age: 55	Profession Teacher
Email id:	masumarupani28@gmail.com		
Education	post. Graduate		Contact Number 9860871027
Sibling/s	Shabbaz Rupani	Profession Industrialist	
Education	BCA		Contact Number 9970278059
Email id:	shabbazrupani@gmail.com		
Sibling/s	-		Profession -
Education	-		Contact Number -
Email id:	-		
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	-		Contact No., Email address
2.	-		Contact No., Email address
Medical History with Blood Group			
Family History of illnesses	Mother → Hypothyroid Father → Healthy		
UG College	Bhaiah Vidhyapeeth, pune		
Unique experience with UG College			
Difficulties in UG	-		
How were those difficulties sorted out?			



MENTOR'S DETAILS

Name of the Faculty	Dr. Prashant Tamboli
Department	Repechony
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent Tain Square A wing 506, Wakhorne pune Maharashtra 411040	Local (if any)	-
Contact Details .:	Mentee : 7249872908	Email:	Sanyarupani28@gmail.com
	Residence / Telephone/ Cell Number:		
Blood Group:	O+		
Allergy:	-		
Hobbies:	Yoga, Travelling		
Aspirations:			
Personality Strengths:	Communication, Confidence, Ambitious		
Weaknesses:	I am quite Shy & emotional		
Ability to adapt to different circumstances	-		
I am good at	Yoga.		
	My Hobbies	<input type="checkbox"/> Reading	<input type="checkbox"/> Writing
		<input checked="" type="checkbox"/> Art	<input type="checkbox"/> Drama
I am	Introvert	Extrovert <input checked="" type="checkbox"/>	
Give Reasons			
I like to learn by	<input checked="" type="checkbox"/> Reading	<input type="checkbox"/> Writing	<input type="checkbox"/> Flow chart
	<input type="checkbox"/> PPT	<input type="checkbox"/> Animation	<input checked="" type="checkbox"/> Lecture

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From July 22 To Aug 22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>July 22</u>	Date: <u>Aug 22</u>
Academic Progress	<u>Plan Reading</u>	<u>Read & write what you understood</u>
Development of a Good Doctor	<u>Know SCR</u>	<u>be humble</u>
Thinking Skills - for Analysis / Synthesis	<u>-</u>	<u>solve cases</u>
Listening / Receiving skills	<u>- Read about case taking</u>	<u>-</u>
Effective communication skills	<u>- share your doubt</u>	<u>- work in small groups</u>
Life skills	<u>-</u>	<u>-</u>
Development of personality - Sport / Yoga / ECA	<u>- Be confident</u>	<u>- Exercise any time</u>
Suggestions by the Mentor	<u>- Read SCR literature</u>	<u>- open up mind</u>
Achievements by the Mentee	<u>-</u>	<u>- Case presentation</u>
Area to be worked on by the Mentee	<u>gaining knowledge</u>	<u>- Reading - SCR literature</u>

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From Sept 22 To Nov 22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>Sept 22</u>	Date: <u>Oct 22</u>
- Work on clinical Friday	<u>- Satisfactory</u>	<u>- share your learn in class</u>
- Receive pt	<u>-</u>	<u>Practice PSIC</u>
- Use symptoms clinical pm	<u>- work on ER</u>	<u>- Practice CP</u>
Read OM complex case taking	<u>-</u>	<u>- Better progress</u>
-	<u>- Remember communication is important</u>	<u>- Better progress</u>
- Read word Road less travelled	<u>- write a small report on your hand</u>	<u>-</u>
- Cardiac sports	<u>-</u>	<u>Join Yoga - Anulita kalm</u>
- Clinical Reading	<u>-</u>	<u>- Health needs attention</u>
- Cases - circulation	<u>-</u>	<u>-</u>
- Analysis Analysis	<u>- communication open</u>	<u>- Paper writing</u>

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: DR. SHREEYA NARAYAN LAD

CONTACT NO.: 8380002808

MENTOR NAME: DR. BHAVIK PAREKH



DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Bolar Road, Palghar 401404.

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

Objectives of Mentoring Program:

1. Helping the Mentee to progress in academics
2. Helping to stabilize the emotional world of the learner so that he can be a good doctor
3. Help the development of life skills to make him successful in the real world
4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
- ✓ Can be more informal and meetings can take place as and when the mentee needs some advice, guidance or support
- ✓ Long-term and takes a broader view of the person
- ✓ Mentor is more experienced and qualified than the mentee who can pass on knowledge, experience and open doors to otherwise out-of-reach opportunities
- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Shreya Narayan Lad.		
Age with Birthdate	25 yrs 28/01/1997		
Gender	F		
Batch	2020		
Subject	Practice of medicine		
Contact Number	8380002808		
Contact Email	shreyalad2837@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father	Age: 63 yrs	Profession Advocate	
Education	B.A.LL.B	Contact Number 9881533443	
Email id:			
Mother	Age: 60 yrs	Profession Doctor	
Education	L.C.E.H	Contact Number 9226263388	
Sibling/s	elder sister.	Profession Housewife (married)	
Education	B.A. D.Sc	Contact Number 9604993979	
Email id:			
Sibling/s	Profession		
Education	Contact Number		
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group B ⁺ -ve			
Family History of illnesses Fa-HTN, Mo-DM			
UG College	Gulabrao Patil Homoeopathic medical college, miraj.		
Unique experience with UG College			
Difficulties in UG			
How were those difficulties sorted out?			


MENTOR'S DETAILS

Name of the Faculty	Dr. Bhevik Parekh
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent 2484, Darshan Mandap road, Near Ekuira temple, pandharpur. 413304.	Local (if any)
Contact Details .:	Mentee : 8380002808 Residence / Telephone/ Cell Number:	Email: shreyalad2837@gmail.com
Blood Group:	B ⁺ -ve	
Allergy:		
Hobbies:	Painting, Gardening	
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input checked="" type="checkbox"/> Extrovert	
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input checked="" type="checkbox"/> Writing <input checked="" type="checkbox"/> Flow chart <input checked="" type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

July - Nov
22 22

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: S. N. Lal Mentors' sign: P. Kar Poo

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
Academic Progress	Good	Good
Development of a Good Doctor	Good	Good
Thinking Skills – for Analysis / Synthesis	Good	Good
Listening / Receiving skills	Good	Good
Effective communication skills	Improved	Improved
Life skills	Improved	Improved
Development of personality - Sport / Yoga / ECA	Yes	Yes
Suggestions by the Mentor	-	-
Achievements by the Mentee		
Area to be worked on by the Mentee	Engage 2 more presentations ✓	

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From _____ To _____ Mentee's sign: S. N. Lal Mentors' sign: P. Kar Poo

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date:	Date:
	Good	Good
	Good	Good
	Good	Improving
	Good	Good
	Improving	Improving
	Good	Good
	Yes	Yes
	-	-
Communicate freely	More time for relaxation techniques	-

Submission to Principal / College Authority / In Charge of Mentoring Programm for Evaluation

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Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

MENTORING RECORD BOOK

MENTEE NAME: Dr. Madhubala T. Ingale

CONTACT NO.: 8208168796

MENTOR NAME: Dr. Harshala Sarvagod.



DR. M. L. DHAWALE MEMORIAL
HOMOEOPATHIC INSTITUTE

DR. M. L. DHAWALE MEMORIAL HOMOEOPATHIC INSTITUTE, PALGHAR

Opp S. T. Workshop, Palghar- Boisar Road, Palghar 401404.

July - Nov 22

MLDMHI Mentoring Program

MENTORING RECORD BOOK



FRAME WORK OF MENTOR - MENTEE PROGRAM

Mentoring: Is a process of helping to shape an individual's beliefs and values in a positive way; often a longer term career relationship from someone who has 'done it before'

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4. Help in the development of Personality
5. To inculcate values consonant with those of the MLDMHI

Some highlights of Mentoring Program

- ✓ On-going relationship that can last for a long period of time
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- ✓ Focus is on career and personal development
- ✓ Agenda is set by the mentee with the mentor providing support and guidance to prepare them for future roles
- ✓ Mentoring resolves more around developing the mentee as a professional

PRELIMINARY INFORMATION OF MENTEE

Name	Dr. Madhubala Tukaram Ingale.		
Age with Birthdate	03/06/1994 28 yr.		
Gender	Female		
Batch	2020-21		
Subject	Organon & Hom. Philosophy		
Contact Number	8208168796		
Contact Email	madhuringale8694@gmail.com		
Details of each family members: Age / Profession / Contact Number / Email address/es			
Father Tukaram Ingale	Age: 78 yr	Profession	Retired Govt officer.
Education	Graduation BA.	Contact Number	9767475585
Email id:	-		
Mother Prabhavati Ingale	Age: 62 yr	Profession	Housewife
Email id:	-		
Education	10th	Contact Number	
Siblings	< PhD (Botany) Sunita MA D.Ed. Votkar	Profession	< Lecturer Teacher
Education		Contact Number	8600721195
Email id:	-		
Siblings	Anita Jog.	Profession	Teacher
Education	MA D.Ed.	Contact Number	8805034422
Email id:			
Person/s OR Physician to be contacted (Name, Contact No. Email address)			
1.	Contact No., Email address		
2.	Contact No., Email address		
Medical History with Blood Group	K1C10-BA . BG - B+ve		
Family History of Illnesses	fa-IHD		
UG College	Mahila Hom. Medi. collage, solapur.		
Unique experience with UG College			
Difficulties in UG	- Theory & practices also were not conducted properly.		
How were those difficulties sorted out?	No.		

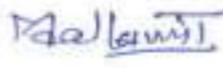
MENTOR'S DETAILS

Name of the Faculty	
Department	
Change of Mentor	

PERSONAL HISTORY OF MENTEE

Address with Pincode Number:	Permanent Beside skmg collage, Baher Peth At Gunjoti Tal. Amarga Dist. Osmanabad.	Local (if any)
Contact Details .:	Mentee : 8208168796 Residence / Telephone/ Cell Number:	Email: madhuringale8694@gmail.com
Blood Group:	B +ve	
Allergy:	Dust	
Hobbies:	Planting / colouring pots / indore decorating.	
Aspirations:		
Personality Strengths:		
Weaknesses:		
Ability to adapt to different circumstances		
I am good at	My Hobbies <input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Art <input type="checkbox"/> Drama	
I am	Introvert <input type="checkbox"/> Extrovert <input type="checkbox"/>	
Give Reasons		
I like to learn by	<input checked="" type="checkbox"/> Reading <input type="checkbox"/> Writing <input type="checkbox"/> Flow chart <input checked="" type="checkbox"/> PPT <input type="checkbox"/> Animation <input checked="" type="checkbox"/> Lecture	

SIGNATURES:

		
Sign of Mentee with Date	Sign of Parent with Date	Sign of Mentor with Date

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From 7/7/22 To 22/7/22 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared	
	Date: <u>7/7/22</u>	Date: <u>11/8/22</u>
Academic Progress	① planning Exam preparation in Bhopali Posting → work wise to avoid last time pressure	→ Exam preparation anxiety advised anxiety will not help Need to identify time empty & do focused work
Development of a Good Doctor	② acute prescription in Bhopali → case taking →	acute & chronic case taking & management improved
Thinking Skills – for Analysis / Synthesis	Remedy → Management & mobility to perceive suggested & in reply as disposition may create trouble.	→ Good opportunity to work on case taking skills → continuing
Listening / Receiving skills	③ focusing case taking & developing skills	adequate
Effective communication skills	④ increase. Refresh by use in MM Differentiation as it is difficulty.	as predicted due to disposition having difficulty → Anger suppression → Health issues
Life skills	⑤ Handling Emotions in new learning circumstances	advised sharing issues & focus on broader perspective of learning opportunities
Development of personality - Sport / Yoga / ECA	⑥ <u>Yoga</u>	advised to find time extra-curricular activities
Suggestions by the Mentor	Discussion of typical cases Research Syllabus among Bhopali mates.	Reduce anxiety & do the work.
Achievements by the Mentee	-	-
Area to be worked on by the Mentee	MM Differentiation Acute Prescription	Exam preparation

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

FORTNIGHTLY PROGRESS SHEET FOR MENTEE

Fortnight: From Sept/22 To Nov 2022 Mentee's sign: [Signature] Mentors' sign: [Signature]

Area	Discussion : Tips / Advise / Suggestions Shared		
	Date: <u>18/9/22</u>	Date: <u>6/10/22</u>	Date: <u>18/11/22</u>
① Inter department sessions work load & self study time Management difficult	session working & Exam preparation adequate	lack of confidence about writing Exam 8/10 Research / department	
② Explained how but the injury case interlinked & importance of learning concepts & applying it.	clinical acute & chronic case - satisfactorily working	Reading & references advised & done by student	
③ SCR working beneficially	SCR working - good	difficult in elaborating the concept in answer paper	
④ Health issues - improved as communication improved.	adequate	advised to put examples & explain concepts.	
⑤ Emotions are handled by repetitive self vision goal awareness	communication improved	Need more revision of departmental subject.	
⑥ Exploring nature & bringing time self opening time friends	Yoga started	Rest all No any difficulty.	
⑦ session assignments updated on time	Keep doing some	-	
-	Exam preparation	able to complete entire paper & attempt all Q.	

Submission to Principal / College Authority / In Charge of Mentoring Program for Evaluation

Name	Submitted to the HOD / PRINCIPAL on (end-term)	Checked by HOD / PRINCIPAL on (end-term)
Coordinator		
PRINCIPAL		
Remarks of Coordinator/Principal		

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: April 21

Dept. M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues Reported
Listening / Receiving skills	Good
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal



MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From ²⁸⁻⁰³⁻²⁰²¹ _____ to _____

Name: Dr. Harshal Kene

Year: 2020-23

Dept: M / R / Med / Ped / Psy

Mentee's Sign:

Issue → financial stress → thinking over it.

Mentors' sign: Adam

Stressed out → energy lost → unable to cope up

Area	Tips / Advise / suggestions shared
Academic progress	<ul style="list-style-type: none"> To focus on reading & clearing doubts from colleagues / seniors / faculty. To share at departmental sessions 'Focused reading' to complete assignment on time
Development of a good doctor	good
Thinking skills – for Analysis / Synthesis	good
Listening / Receiving skills	good
Effective communication skills	- Start at departmental sessions to boost confidence
Life skills	<ul style="list-style-type: none"> To mix up with colleagues & spend time to gain confidence & remove loneliness
Development of Personality	<ul style="list-style-type: none"> continue Exercise & recreational activity which is started To counter thoughts → to take breaks & use it constructively handle it & start on work again.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

11-06-2021 Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Harshad Kerkar

Year: 2020-23

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign:

Mentors' sign: Atadorn

Area	Tips / Advise / suggestions shared
Academic progress:	<ul style="list-style-type: none"> - able to work on academic - integrated working - synopsis = focusing on it more. - "Focused" Reading based on objective/directive.
Development of a good doctor:	<ul style="list-style-type: none"> - to be pp/observers of OPD/ID cases - maximum - to be
Thinking skills - for Analysis / Synthesis	<ul style="list-style-type: none"> - To attend discussion of others' cases - to understand various facets of case taking & prescribing.
Listening / Receiving skills	Good
Effective communication skills	<ul style="list-style-type: none"> - initiated conversation w/ dept. colleague → enhance same & utilize to express in dept. session.
Life skills	Good
Development of Personality	Good
<u>Overall found the things</u>	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 23-07-2024 to _____

Name: Dr. Harshad Keme

Year: 2020-23

Dept: O M / R / Med / Ped / Psy

Mentee's Sign: _____

Mentors' sign: Adam

Area	Tips / Advise / suggestions shared
Academic progress	- Improved Academic (integrated + Dept + Synthesis) work → keep focused.
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	cases – become one case (PP & observe) each → to engage more.
Listening / Receiving skills	Good
Effective communication skills	- to improve further expressing oneself in Dept. sessions → them to Integrated sessions
Life skills	- continue exercise + recreational activity regularly (weekly basis)
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: Aug 21

Dept: 6 M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	insider Reported
Listening / Receiving skills	Good
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KEME

Year: Sept-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues Reported
Listening / Receiving skills	Good
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: OCT 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *[Signature]*

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: NOV. 21

Dep: M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign:



Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARCHAL KEVE

Year: December 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reposhd
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: Jan '22

Dept: O M / R / Med / Ped / Psy

Mentee's Sign: *HK*

Mentors' sign: *W. Adams*

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	No Good
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: 6e22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: H

Mentors' sign: Akademi

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: March-22

Dept. / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *[Signature]*

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KANE

Year: APRIL 22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *[Signature]*

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	ISSUE
Listening / Receiving skills	Reformed
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: HARSHAL KENG

Year: may 22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: HK

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	NO
Development of a good doctor	issue
Thinking skills – for Analysis / Synthesis	Reported
Listening / Receiving skills	Good
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

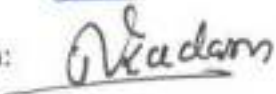
Fortnight: From _____ to _____

Name: HARSHAL KENE

Year: JUNE 22

Dept: M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	
Development of a good doctor	no
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	Good
Life skills	Good
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 31 July 2021 to _____

Name: Dr. Shivani Ramte

Year: 2020-23.

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	• clinical: examination ⇒ <u>skills in IPD</u>
Thinking skills - for Analysis / Synthesis	• understood "concept" related to relevant topic ↳ to reduce dependency on dictionary
Listening / Receiving skills	• English = vocabulary - news (one) → hindi → English.
Effective communication skills	Fair
Life skills	• flexibility in <u>TIME</u> to complete <u>task</u> → ↓ frustration ensued.
Development of Personality	• unrealistic <u>time</u> deadlines → realistic assessment own energy & available <u>TIME</u> • <u>TIME MANAGEMENT</u> - sheet for tracking

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 02.02.21 to _____

Name: Dr. Shivani, Rana

Year: 2020-23

Dept: O / M / R / Med / Ped / (Psy)

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<ul style="list-style-type: none"> - To focus on relevant objective/directive -> don't work - as per your understanding at that time, rather than delaying. - "Focused Reading" - relevant to objective/directive.
Development of a good doctor	<ul style="list-style-type: none"> - To focus on learning skills of examination/ Learning Paediatric cases to enhance (clinical + Homeopathic) aspects.
Thinking skills - for Analysis / Synthesis	Fair
Listening / Receiving skills	Fair
Effective communication skills	Fair
Life skills	<ul style="list-style-type: none"> - To engage in recreational activity (playing) regularly but in stipulated time. - time management -> leakage of time -> counter it.
Development of Personality	<ul style="list-style-type: none"> - Focus "Realistically" - learn step wise & depthwise with just acquiring knowledge # having depth of same. - experience on day to day -> needs to be looked from various perspectives -> clinical + Homeopathic. - Over expectation -> Realistic expectation

Remarks of Coordinator/Principal

invlo current need on a
MD student.

- Never to judge oneself negatively,

MLDMHI MENTORING PROGRAM

14-07-2024 Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rama

Year: 2020-23

Dept: O / M / R / Med / Ped (Psy)

Mentee's Sign: [Signature]

Mentors' sign: [Signature] Dr. Vivek Madam

Area	Tips / Advise / suggestions shared
Academic progress	- Focus on relevant reading to ensure understanding at the time of submission & continue reading. - Differentiate short term (studies) & long term (lifelong learning)
Development of a good doctor	diversity & not to be mixed fair
Thinking skills - for Analysis / Synthesis	fair
Listening / Receiving skills	fair
Effective communication skills	- To discuss with faculty → about difficulties in academics → understanding assignment...
Life skills	continue recreational - playing - stipulated time.
Development of Personality	- Remains positive to get up from <u>frustration</u> - limit thinking → <u>over expectation</u> → <u>Realistic</u> - <u>from oneself</u> <u>Judgement</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet


Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: April 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues Report
Listening / Receiving skills	Fair
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet


Fortnight: From _____ to _____

Name: Dr Shivani Bang

Year: may. 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reposted fair
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet


Fortnight: From _____ to _____

Name: Dr Shivani Rana

Year: JUNE-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: JUNE 21 

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reporting Fair
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: July-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Repond
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet


Fortnight: From _____ to _____

Name: Dr. Shivani Bana

Year: Aug-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reponed
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: September. 21

Dept: O / M / R / Med / Ped (Psy)

Mentee's Sign:

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues reported
Listening / Receiving skills	fair
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

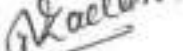
Fortnight: From _____ to _____

Name: Dr. Shivani Rana .

Year: October 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reponed
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: November 21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Repeated
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: December 21

Dept: O / M / R / Med / Ped / (Psy)

Mentee's Sign: Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress:	fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana.

Year: Jan. 22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	fair
Thinking skills – for Analysis / Synthesis	No
Listening / Receiving skills	issues Reported
Effective communication skills	Reported
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr Shwani Rana.

Year: Feb 22

Dept: O / M / R / Med / Ped / (Psy)

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	NO fair
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Reported
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr-shivani Rana.

Year: March 22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: SR

Mentors' sign: AKadam

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	issues
Listening / Receiving skills	Appoanel
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

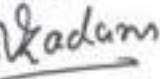
Fortnight: From _____ to _____

Name: Dr. Shivani Rana .

Year: April - 22

Dept: O / M / R / Med / Ped / (Psy)

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	No
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reported
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana .

Year: May-22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *SR*

Mentors' sign: *Dr. Adarsh*

Area	Tips / Advise / suggestions shared
Academic progress	Fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	Issues
Listening / Receiving skills	Reported
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dr. Shivani Rana

Year: JUNE-22

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	fair
Development of a good doctor	NO
Thinking skills – for Analysis / Synthesis	ISSUES
Listening / Receiving skills	REPORTED
Effective communication skills	fair
Life skills	fair
Development of Personality	fair

Remarks of Coordinator/Principal

April 2021 - June 2022

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April '21 to May '21

Name: Dr. Mrunali. Kaushik

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: Dr Broker

Area	Tips / Advise / suggestions shared
Academic progress	advised to go through syllabus and identifying the difficult area.
Development of a good doctor	Reading OM - Principle & practice for - Symptomatology.
Thinking skills - for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	Talk with known people so to improve the confidence.
Life skills	-
Development of Personality	Channelizing stress through art form.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May 21 to June 21

Name: Dr Mounali Kaushik

Year: 2020-2021

Dept: O/M / R / Med / Ped / Psy

Mentee's Sign: M Kaushik

Mentors' sign: A. Broder

Area	Tips / Advise / suggestions shared
Academic progress	For the Materia Medica integration; talk sharing the difficulties to Dept faculty.
Development of a good doctor	Attempting scr. - Motivated. Shown the imp. of CCR in studying MM.
Thinking skills - for Analysis / Synthesis	Solving the cases - CCR session.
Listening / Receiving skills	-
Effective communication skills	Motivated to talk with colleagues.
Life skills	-
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From June 21 to July '21.

Name: Dr Mrunali Kaushik

Year: 2020-2021

Dept: O (M) R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: Dr Bhatkar

Area	Tips / Advise / suggestions shared
Academic progress	Motivated to write and show the theme Based MM answers to the dept faculty.
Development of a good doctor	Motivated to solve the cell- LSF → MS. Meet PPT sir / Ripin sir / BDB sir for any confusion.
Thinking skills – for Analysis / Synthesis	Motivated to spare 1 hr to read the research articles & News paper.
Listening / Receiving skills	-
Effective communication skills	Motivated to ask the difficulties in the classroom.
Life skills	Advised to plan to ask the doubt, writing all the doubts; so can boost the confidence.
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From July '21 to Aug. '21.

Name: Dr mrunali. Kaushik.

Year: 2020-2021

Dept: O (M) / R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: Dr Anil

Area	Tips / Advise / suggestions shared
Academic progress	Time given to focus on synopsis. Focus on synopsis completion
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	Improved - able to communicate the difficulties.
Life skills	Practising synopsis present ⁿ in front of colleagues & dept. to face UIC & Scientific Committee
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Aug'21 to Sept'21.

Name: Dr. Maunali D. Kaushik.

Year: 2020-2021

Dept: O (M) R / Med / Ped / Psy

Mentee's Sign: M Kaushik

Mentors' sign: AK Bunker

Area	Tips / Advise / suggestions shared
Academic progress	-
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	Motivated to read also Newspaper and Research articles.
Listening / Receiving skills	-
Effective communication skills	-
Life skills	Taking care of food patterns introducing protein diet.
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Sept '21 to Oct '21.

Name: Dr. Mounali. D. Kaushik.

Year: 2020 - 2021

Dept: O / (M) R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: Dr. Anker

Area	Tips / Advise / suggestions shared
Academic progress	To discuss the QED ^{QED} Research answer with concerned faculty.
Development of a good doctor	discussing scr with the consultant.
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	-
Life skills	Categorizing the work in low & high priority tasks.
Development of Personality	Fear of committing mistakes hence not showing the scr. Motivated. Oriented about approach of student learning in MLDMHI.
Remarks of Coordinator/Principal	

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Oct '21 to Nov '21.

Name: Dr Manali. D. Kaushik.

Year: 2020-2021.

Dept: O (M) / R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: ARB

Area	Tips / Advise / suggestions shared
Academic progress	Motivated to do self-directed study by prioritizing the tasks
Development of a good doctor	Attempt solving SCR: without being judgemental about the outcome
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	Impressed- No suggest ⁿ
Life skills	No suggest ⁿ
Development of Personality	No suggest ⁿ .

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From NOV '21 to DEC '21

Name: Dr Mounali. D. Kawthale

Year: 2020-2021

Dept: O (M) R / Med / Ped / Psy

Mentee's Sign: *M. Kawthale*

Mentors' sign: *Dr. M. Kawthale*

Area	Tips / Advise / suggestions shared
Academic progress	Motivated to explore the cases ^{related with} synopsis Topic.
Development of a good doctor	Solving the cases in SCR system .
Thinking skills – for Analysis / Synthesis	No suggest ⁿ
Listening / Receiving skills	No suggest ⁿ
Effective communication skills	No suggest ⁿ
Life skills	No suggest ⁿ
Development of Personality	No suggest ⁿ .

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Dec '21 to Jan '22

Name: Dr Murali - D Kaushik

Year: 2020-2021

Dept: O (M) / R / Med / Ped / Psy

Mentee's Sign: Dr Kaushik

Mentors' sign: Dr Murali

Area	Tips / Advise / suggestions shared
Academic progress	No suggest ⁿ
Development of a good doctor	No suggest ⁿ
Thinking skills – for Analysis / Synthesis	Motivated to read The Novel.
Listening / Receiving skills	No suggestion
Effective communication skills	No suggestion
Life skills	Related with IPD duty difficulty talk to clinical committee.
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Jan '22 to -Feb '22

Name: Dr. Minali D. Koushik

Year: 2020-2021

Dept: O (M) / R / Med / Ped / Psy

Mentee's Sign: Koushik

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Satisfactory
Development of a good doctor	No suggestions as solving the SCR case
Thinking skills – for Analysis / Synthesis	Started reading the material → go, advised to critically share the thoughts with colleagues
Listening / Receiving skills	-
Effective communication skills	-
Life skills	time management
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Feb'21 to March'21.

Name: Dr. Mainali, D. Kaushik.

Year: 2020-2021

Dept: O (M) / R / Med / Ped / Psy

Mentee's Sign: D. Kaushik

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Satisfactory.
Development of a good doctor	work with IPD cases - Clinical point of view.
Thinking skills - for Analysis / Synthesis	No suggestion
Listening / Receiving skills	No suggestion
Effective communication skills	No suggestion
Life skills	No suggestion
Development of Personality	No suggestion.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From March '20 to April '21.

Name: Dr Mrunali D. Kaushik.

Year: 2020-2021

Dept: O / (M) R / Med / Ped / Psy

Mentee's Sign: M Kaushik

Mentors' sign: Dr Anur

Area	Tips / Advise / suggestions shared
Academic progress	Advised to solve the old papers & and writing Model papers.
Development of a good doctor	No suggestion
Thinking skills – for Analysis / Synthesis	No suggestion
Listening / Receiving skills	No suggestions
Effective communication skills	Improved communication
Life skills	No suggestions.
Development of Personality	work on hobbies show the paintings.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April '22 to May '22

Name: Dr. Mounali. D. Kanchik

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *Mounali*

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	Solving The Theme based Qs. focus on clinical aspects
Development of a good doctor	Solving ACR.
Thinking skills – for Analysis / Synthesis	Identify solution to own problem.
Listening / Receiving skills	-
Effective communication skills	No suggest*
Life skills	No suggest*
Development of Personality	No suggest*

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May '22 to June '22.

Name: Dr. Mounali D. Kauchik.

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Dr. Kauchik

Mentors' sign:

Area	Tips / Advise / suggestions shared
Academic progress	Satisfactory.
Development of a good doctor	No suggestion
Thinking skills – for Analysis / Synthesis	Learn- find about general knowledge
Listening / Receiving skills	No suggestion.
Effective communication skills	No suggestion
Life skills	Discuss with CUV about the rural women culture.
Development of Personality	No suggestion

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April 4th to May 21

Name: Medha M Vabage

Year: 2020-2021

Dept: O / M / R / Med / (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	advised to set the priority and goals for studying the syllabus.
Development of a good doctor	Reading DM, P&P, organon - MM to improve H'pathy. knowledge
Thinking skills – for Analysis / Synthesis	Reading English novels.
Listening / Receiving skills	No suggest ⁿ
Effective communication skills	Good. No suggestion.
Life skills	Exercising.
Development of Personality	Channeling

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May '21 to June '21

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Categorizing the topics syllabus and Desire / Nice to know.
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	Reading the articles and discussing it
Listening / Receiving skills	-
Effective communication skills	-
Life skills	Advised to have healthy dietary habits
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From June'21 to July'21

Name: Medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Time slot tips for Must know & Nice to know Syllabus.
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	Reading the articles.
Listening / Receiving skills	Satisfactory
Effective communication skills	No suggestion
Life skills	No suggest ⁿ
Development of Personality	No suggest ⁿ

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From July '21 to Aug '21

Name: Medha Mohan Vanaje

Year: 2020-2021

Dept: O / M / R / Med (Ped) / Psy

Mentee's Sign: MV

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Tips to manage the time for synopsis completion
Development of a good doctor	No suggestions
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Aug '21 to Sept '21

Name: Medha Mohan Vanage

Year: 2020-2021

Dept: O / M / R / Med (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	} No suggestions
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	Reading research paper and discuss with seniors.
Listening / Receiving skills	} No suggest
Effective communication skills	
Life skills	Taking care of self and Dietary habits
Development of Personality	No suggestion.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Sept '21 to Oct '21

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<p>No suggestion</p>
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	tips to solve problem of learn mate individual level.
Life skills	to voice ur the opinion tips given.
Development of Personality	No suggestion.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Oct-'21 to Nov-'21

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Motivated to do self-directed study by prioritizing the tasks
Development of a good doctor	See solving
Thinking skills – for Analysis / Synthesis	} No suggestion
Listening / Receiving skills	
Effective communication skills	} No suggestion.
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Nov-'21 to Dec-'21

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: DR Brokev

Area	Tips / Advise / suggestions shared
Academic progress	tips for synopsis planning.
Development of a good doctor	Solving the cases in ICB system and giving to correct
Thinking skills – for Analysis / Synthesis	} No suggestion.
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Dec '21 to Jan '22

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	As per advised tried to per down the Syllabus as per study
Development of a good doctor	IPD/OPD- learn more examination
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	-
Life skills	Joined Time Management Seminar at Palghar workshop conducted by Anoop Kulkarni sir.
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Jan 11 to Feb 11

Name: medha M Vanaje

Year: 2020-2021

Dept: O / M / R / Med / (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Satisfactory.
Development of a good doctor	Individual inputs received on professional behavior.
Thinking skills – for Analysis / Synthesis	Motivate to discuss the analysis/synopsis of read article
Listening / Receiving skills	} No suggestion
Effective communication skills	
Life skills	Trying to implement the time management
Development of Personality	✓

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Feb '22 to March '22

Name: medha Mohan Vange

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Tips to study Research Methodology and Biostat.
Development of a good doctor	IPD- OPD is an compulsory the clinical Examination
Thinking skills – for Analysis / Synthesis	} No suggestions
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From March 22 to April 22

Name: Medha Mohan Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

No suggestions on Coping Better terms.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April 22 to May 22

Name: medha m vanaje

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: RV

Mentors' sign: DR. Guler

Area	Tips / Advise / suggestions shared
Academic progress	Solving the theme based MM focus on clinical aspect
Development of a good doctor	Solving see - checking see.
Thinking skills - for Analysis / Synthesis	Identify the solution to own problems.
Listening / Receiving skills	} No suggestions.
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May 22 to June 22.

Name: medha M Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: M

Mentors' sign: DR. B. S. ...

Area	Tips / Advise / suggestions shared
Academic progress	} No Suggestion
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	Boost the confidence by valuing own skills, capacity rather comparing it with the others. <u>Paran</u>
Development of Personality	No Suggestion.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From June 22 to July 22

Name: medha m. Vanage

Year: 2020-2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: no

Mentors' sign: Dr. Broderick

Area	Tips / Advise / suggestions shared
Academic progress	Motivated to do self-directed study by prioritizing the tasks
Development of a good doctor	Self-learning; clinical Exm.
Thinking skills – for Analysis / Synthesis	} No suggestions
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	} No suggestions.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/4/21 to 30/4/21

Name: Vibhavi Jayaraman

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Fair progress. Needs more Practice
Development of a good doctor	Tips given to read about cases coming in OPD & IPD.
Thinking skills – for Analysis / Synthesis	Needs more efforts.
Listening / Receiving skills	Needs improvement.
Effective communication skills	Needs improvement.
Life skills	No issues.
Development of Personality	Fair Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/5/21 to 31/5/21

Name: Vishnu Poyarman

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Fair Progress
Development of a good doctor	Satisfactory
Thinking skills – for Analysis / Synthesis	satisfactory
Listening / Receiving skills	Good.
Effective communication skills	Fair
Life skills	Fairly progressing.
Development of Personality	Fair Progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/6/21 to 30/6/21

Name: Vibhuti Poyanhan

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: P

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Fair progress, Needs to develop Reason based thinking.
Development of a good doctor	Needs more Efforts.
Thinking skills – for Analysis / Synthesis	Fair progress.
Listening / Receiving skills	Needs more Efforts in this area.
Effective communication skills	Good.
Life skills	Fair
Development of Personality	Fair.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/7/21 to 31/7/21

Name: Vishnu Rajan

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Having issues in time management. advice given.
Development of a good doctor	motivation present but needs to work on efficiency aspect.
Thinking skills – for Analysis / Synthesis	improving fairly.
Listening / Receiving skills	Improved significantly.
Effective communication skills	Good Progress.
Life skills	No issues.
Development of Personality	Fair Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/8/21 to 31/8/21

Name: Vishnu Poyaneni

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Good.
Development of a good doctor	improving fairly.
Thinking skills – for Analysis / Synthesis	Needs to develop logical thinking & establish connections.
Listening / Receiving skills	Good.
Effective communication skills	Good.
Life skills	No issues.
Development of Personality	Fair Progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/9/21 to 30/9/21

Name: Vibhuti Poyamma

Year:

Dept: O / M (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Needs to focus on learning & Prioritize things.
Development of a good doctor	IPD floor issues needs to be sought out in IPP supervisors & Needs to be more focused
Thinking skills – for Analysis / Synthesis	Needs more improvement.
Listening / Receiving skills	Significant improvement.
Effective communication skills	improvement.
Life skills	Fair progress.
Development of Personality	Fair progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/10/21 to 31/10/21

Name: Vishnu Rajan

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: V

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Logic based studies & understanding needed. not just completing targets.
Development of a good doctor	Need to focus on clinicopathological correlations & symptomatology.
Thinking skills – for Analysis / Synthesis	Needs improvement.
Listening / Receiving skills	Good
Effective communication skills	Good.
Life skills	satisfactory
Development of Personality	Good Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/11/21 to 30/11/21

Name: Vishnu Poyarulu

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Suggestions given to focus on reason based thinking & apply it.
Development of a good doctor	Could fairly correlate things but needs more practice
Thinking skills – for Analysis / Synthesis	Needs improvement.
Listening / Receiving skills	Good.
Effective communication skills	Present.
Life skills	Fair.
Development of Personality	Good Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/12/21 to 31/12/21

Name: Vibhuti Rajan

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: V

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Good Progress, working on advise given.
Development of a good doctor	Fair progress.
Thinking skills – for Analysis / Synthesis	fair progress
Listening / Receiving skills	Satisfactory
Effective communication skills	Satisfactory.
Life skills	Good.
Development of Personality	Good progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/1/22 to 31/1/22

Name: Vishnu Rajan

Year:

Dept: O / M / R Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Fair Progress.
Development of a good doctor	Fair Progress
Thinking skills – for Analysis / Synthesis	Satisfactory
Listening / Receiving skills	Good.
Effective communication skills	Good.
Life skills	No issues
Development of Personality	Fair Progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/2/22 to 28/2/22

Name: Vibhuti Rajan

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Suggestions given to manage time for Reading
Development of a good doctor	Needs to be more reason based.
Thinking skills – for Analysis / Synthesis	Improving
Listening / Receiving skills	Present but needs improvement
Effective communication skills	Progress fair.
Life skills	No issues.
Development of Personality	Good Progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/3/22 to 3/3/22

Name: Vishnu Jayaram

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Fair progress, Needs more Effort
Development of a good doctor	Needs more Efforts
Thinking skills – for Analysis / Synthesis	Needs more efforts.
Listening / Receiving skills	Good, suggestions given
Effective communication skills	Fair, suggestions given.
Life skills	IPR issues, tips given to Resolution given
Development of Personality	Good Progress

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/4/22 to 30/4/22

Name: Vibhuti Poyanikan

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: VV

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Good Progresses.
Development of a good doctor	Satisfactory
Thinking skills – for Analysis / Synthesis	Satisfactory
Listening / Receiving skills	Fair Progress
Effective communication skills	Fair Progress.
Life skills	No issues.
Development of Personality	Good. but can be better.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/5/22 to 31/5/22

Name: Vidushi Rajan

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	more focus Needed on Reading prior to sessions, taking references.
Development of a good doctor	Presently. working well in IPD & OPD areas.
Thinking skills – for Analysis / Synthesis	moderately achieved
Listening / Receiving skills	Good, improvement present.
Effective communication skills	improvement needed.
Life skills	No issues.
Development of Personality	Good. Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 1/6/22 to 30/6/22

Name: Vincent Rajan

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Good Progress
Development of a good doctor	Advice given to how clinical judgement can be achieved.
Thinking skills – for Analysis / Synthesis	Unprejudice observations & Analysis needs to be achieved.
Listening / Receiving skills	Advice given to just be witness of Events
Effective communication skills	Needs to be more vocal of feedings.
Life skills	Needs to stabilize Emotional world as a learner & work more intellectually.
Development of Personality	Good progress

Remarks of Coordinator/Principal


MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: Dipali S. Bhatt

Year: _____

Dept: O / M / R / Med / Ped / PsyMentee's Sign: 

Mentors' sign: SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	Good.
Development of a good doctor	Does Efficient work in IPPD & OPD.
Thinking skills – for Analysis / Synthesis	Needs improvement.
Listening / Receiving skills	Good.
Effective communication skills	Good.
Life skills	No issues.
Development of Personality	improved. & showing positive changes.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year: _____

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good.</i>
Development of a good doctor	<i>Satisfactory & sincere student.</i>
Thinking skills – for Analysis / Synthesis	<i>satisfactory.</i>
Listening / Receiving skills	<i>good.</i>
Effective communication skills	<i>good</i>
Life skills	<i>No issues.</i>
Development of Personality	<i>improving, given suggestions</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year: _____

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good</i>
Development of a good doctor	<i>improving.</i>
Thinking skills – for Analysis / Synthesis	<i>improving.</i>
Listening / Receiving skills	<i>Good.</i>
Effective communication skills	<i>Good</i>
Life skills	<i>No issues.</i>
Development of Personality	<i>improving.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good.</i>
Development of a good doctor	<i>Needs to correlate clinical thinking & Homeopathic aspects.</i>
Thinking skills – for Analysis / Synthesis	<i>Needs more effort to channelise</i>
Listening / Receiving skills	<i>Good.</i>
Effective communication skills	<i>Good</i>
Life skills	<i>No issues.</i>
Development of Personality	<i>improved.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / (R) / Med / Ped / Psy

Mentee's Sign:

[Handwritten signature]

Mentors' sign:

SM Rao

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good.</i>
Development of a good doctor	<i>IPD & OPD work done effectively but needs more reading.</i>
Thinking skills – for Analysis / Synthesis	<i>Suggestions given to improve analytical skills.</i>
Listening / Receiving skills	<i>Satisfactory</i>
Effective communication skills	<i>Good, but needs to be more vocal.</i>
Life skills	<i>No issues.</i>
Development of Personality	<i>improved.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good.</i>
Development of a good doctor	<i>Present.</i>
Thinking skills – for Analysis / Synthesis	<i>Needs more efforts.</i>
Listening / Receiving skills	<i>Good.</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>IPR issues on floor, suggestions given.</i>
Development of Personality	<i>Good.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Needs to put more efforts to prioritise certain Academic work</i>
Development of a good doctor	<i>improving.</i>
Thinking skills – for Analysis / Synthesis	<i>improving.</i>
Listening / Receiving skills	<i>Good.</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>No issues, fair progress.</i>
Development of Personality	<i>Good progress</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year: _____

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Satisfactory, Needs more reading & Practice</i>
Development of a good doctor	<i>Improving fairly.</i>
Thinking skills – for Analysis / Synthesis	<i>Needs more efforts -</i>
Listening / Receiving skills	<i>Present, Good.</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>No issues.,</i>
Development of Personality	<i>improved.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good., time management - suggested.</i>
Development of a good doctor	<i>improved.</i>
Thinking skills – for Analysis / Synthesis	<i>improving</i>
Listening / Receiving skills	<i>Fair.</i>
Effective communication skills	<i>Fair.</i>
Life skills	<i>fair.</i>
Development of Personality	<i>Good</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / (R) Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Needs more Efforts to charalise herself & prioritize studies.</i>
Development of a good doctor	<i>Fair Progress.</i>
Thinking skills – for Analysis / Synthesis	<i>Fair Progress</i>
Listening / Receiving skills	<i>Present.</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>-</i>
Development of Personality	<i>Good</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / *D* Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Sincerely working on advise given</i>
Development of a good doctor	<i>Improved fairly.</i>
Thinking skills – for Analysis / Synthesis	<i>Progress seen. / perceived.</i>
Listening / Receiving skills	<i>Good</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>No issues</i>
Development of Personality	<i>Fair Progress.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / (R) / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	Good progress visible. Able to complete the given task
Development of a good doctor	Able to correlate clinical with Homeopathic aspects to fair extent.
Thinking skills – for Analysis / Synthesis	Developing slowly, Needs improvement.
Listening / Receiving skills	Good.
Effective communication skills	Good.
Life skills	No IPR issues
Development of Personality	Fair progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M (R) / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Advise given to improve writing skills & do time management.</i>
Development of a good doctor	<i>Present. Sensitive, sincere.</i>
Thinking skills – for Analysis / Synthesis	<i>Suggestions given to improve thinking laterally.</i>
Listening / Receiving skills	<i>listens sincerely</i>
Effective communication skills	<i>Needs more refinement</i>
Life skills	<i>Good progress.</i>
Development of Personality	<i>Good progress</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M / (R) / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	Good Progress, Needs more Referencing.
Development of a good doctor	Tips given to do work in stipulated period of time by <i>avoiding procrastination</i>
Thinking skills – for Analysis / Synthesis	Good Progress.
Listening / Receiving skills	Good Progress.
Effective communication skills	Good.
Life skills	<i>improved</i>
Development of Personality	Good Progress.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From _____ to _____

Name: *Dipali S. Bhatt*

Year:

Dept: O / M (R) / Med / Ped / Psy

Mentee's Sign: *[Signature]*

Mentors' sign: *SM Rao*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Good, but can be far better if time management is practised.</i>
Development of a good doctor	<i>Fair improvement.</i>
Thinking skills – for Analysis / Synthesis	<i>Fair improvement</i>
Listening / Receiving skills	<i>Good.</i>
Effective communication skills	<i>Good.</i>
Life skills	<i>Good Progress</i>
Development of Personality	<i>Good Progress</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From APRIL 21 to MAY 21

Name: DR. NEHA WAGADE

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *Neha*

Mentors' sign: *Dr. N. W.*

Area	Tips / Advise / suggestions shared
Academic progress	Fair. Shy & hesitant in group dis. Adv. to express freely
Development of a good doctor	Fair
Thinking skills – for Analysis / Synthesis	Fair
Listening / Receiving skills	Fair
Effective communication skills	Fair
Life skills	Can be improved
Development of Personality	Needs improvement Adv. to participate more & share

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From MAY 21 to JUNE 21

Name: DR. NEHA WAGDE

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: *Wagde*

Mentors' sign: *Amentor*

Area	Tips / Advise / suggestions shared
Academic progress	<i>Improved</i>
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	<i>Improved.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From JUNE 21 to JULY 27

Name: DR- NEHA WAGHADE

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Neha

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	No difficulties
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From JULY 21 to AUG - 2021

Name: ~~DR. NIKHIL~~ NEHA WAGHADE

Year:

Dept: O M R / Med / Ped / Psy

Mentee's Sign: *Neha*

Mentors' sign: *Amruta*

Area	Tips / Advise / suggestions shared
Academic progress	occ. Language Barrier Adv. to use dictionary & talk to teachers
Development of a good doctor	Fair
Thinking skills – for Analysis / Synthesis	Fair
Listening / Receiving skills	Fair
Effective communication skills	Needs improvement
Life skills	Fair
Development of Personality	Improved.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From AUG 21 to SEPTEMBER 2021.

Name: DR. NEHA WAHADE

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Neuha

Mentors' sign: Ament

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Fair
Listening / Receiving skills	Good
Effective communication skills	Improved
Life skills	Fair
Development of Personality	Improved.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Oct-21 to Nov-21

Name: Dr Neha R. Wayhade

Year:

Dept: O M R / Med / Ped / Psy

Mentee's Sign: Nwayhade

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	Improved
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	Good
Effective communication skills	Better
Life skills	
Development of Personality	Good improvement

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From NOV 21 to DEC 2021

Name: Dr. Neha R. Waghade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: N R Waghade

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	<u>Good</u>
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	<u>Good</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Dec 21 to JAN 2022

Name: Dr. Neha R. Waghade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Neha R. Waghade

Mentors' sign: Amentika

Area	Tips / Advise / suggestions shared
Academic progress	No difficulties
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	Good improvement seen
Listening / Receiving skills	
Effective communication skills	
Life skills	Improved
Development of Personality	Improved

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From JAN 22 to FEB 22

Name: Dr. Neha R. Wayhade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: N Wayhade

Mentors' sign: Amanta

Area	Tips / Advise / suggestions shared
Academic progress	No difficulties
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From FEB 22 to MARCH 22

Name: Dr. Neha R. Wayhade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: N Wayhade

Mentors' sign: Amanta

Area	Tips / Advise / suggestions shared
Academic progress	No issues
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Mar 22 to April 22

Name: Dr. Neha R. Waghade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: N. Waghade

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	No issues
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April 22 to May 22

Name: Dr. Neha R. Waghade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Neha R. Waghade

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	<u>No difficulties faced</u>
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May 22 to June 22

Name: Dr. Ncho R. Wayhade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	No issues
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From June 22 to July 22

Name: Dr Ncha R. Waghade

Year:

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: NWaghade

Mentors' sign: Amruta

Area	Tips / Advise / suggestions shared
Academic progress	No issues
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	
Life skills	
Development of Personality	

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet


Fortnight: From April 21 to May 21

Name: Saniya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	<u>Satisfactory</u>
Development of a good doctor	
Thinking skills – for Analysis / Synthesis	<u>- Focus on facts</u>
Listening / Receiving skills	<u>-</u>
Effective communication skills	<u>-</u>
Life skills	<u>Organise Time table.</u>
Development of Personality	<u>-</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May 21 to June 21

Name: Saniya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>work on clinical subjects</u>
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	<u>- thinking starts with ^{known} accurate facts</u>
Listening / Receiving skills	<u>- Express more in session</u>
Effective communication skills	-
Life skills	-
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From June 21 to July 21

Name: Sanija Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	- Good improvement
Development of a good doctor	- Wake up sensitivity
Thinking skills – for Analysis / Synthesis	- Better progress
Listening / Receiving skills	-
Effective communication skills	-
Life skills	-
Development of Personality	- Wake up hobbies

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From July 21 to Aug 21

Name: Saniya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>Satisfactory</u>
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	- <u>Work on Symptom classification</u>
Listening / Receiving skills	-
Effective communication skills	- <u>Team communication needs improvement</u>
Life skills	-
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Aug 21 to Sept 21

Name: Sauja Rupani

Year: 21-21

Dept: O / M / R / Med (Ped) Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	- Needs writing practice
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	- Read Article
Listening / Receiving skills	-
Effective communication skills	- Better than last time
Life skills	-
Development of Personality	- work on hobbies

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Sept 21 to Oct 21

Name: Sanya Rupani

Year: 20-21

Dept: O / M / R / Med (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>Satisfactory</u>
Development of a good doctor	<u>- Share last clinical experience to large audience.</u>
Thinking skills – for Analysis / Synthesis	<u>- Follow EMRAD while writing-</u>
Listening / Receiving skills	<u>- Listen - Listen - then Respond.</u>
Effective communication skills	<u>- [Signature]</u>
Life skills	<u>-</u>
Development of Personality	<u>-</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM


Fortnightly Progress Sheet

Fortnight: From Oct 21 to Nov 21

Name: Sanja Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	<u>work in clinical subject -</u>
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	<u>• Good improvement -</u>
Effective communication skills	<u>- Listen - share - listen -</u>
Life skills	-
Development of Personality	<u>- hobbies - maintain</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Nov 21 to Dec 21

Name: Sanjya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	- solve more papers
Development of a good doctor	- General knowledge - Read news paper
Thinking skills – for Analysis / Synthesis	-
Listening / Receiving skills	-
Effective communication skills	-
Life skills	- Read about treating bad news.
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Dec 21 to Jan 22

Name: Sanya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	- Practice for case presentation.
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	- Systemic needs causing data → Read various models for Sp. vol.
Listening / Receiving skills	-
Effective communication skills	-
Life skills	-
Development of Personality	- know difference between needs & wants.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Jan 21 to Feb 22

Name: Sanja Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: 

Mentors' sign: 

Area	Tips / Advise / suggestions shared
Academic progress	- very good
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	- Wake up EET.
Listening / Receiving skills	-
Effective communication skills	- Advice after knowing all both sides.
Life skills	-
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From Febr to March

Name: Sanjya Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>Good</u>
Development of a good doctor	<u>-</u>
Thinking skills – for Analysis / Synthesis	<u>- Read Diff HMM.</u>
Listening / Receiving skills	<u>-</u>
Effective communication skills	<u>-</u>
Life skills	<u>-</u>
Development of Personality	<u>-</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From March to April 22

Name: Sanja Rupani

Year: 20-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	- Satisfactory
Development of a good doctor	-
Thinking skills – for Analysis / Synthesis	work on SCR MS.
Listening / Receiving skills	
Effective communication skills	- Share confidently your stand but be humble.
Life skills	-
Development of Personality	-

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From April 20 to May 12

Name: Sanja Rupani

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>Very Good.</u>
Development of a good doctor	<u>-</u>
Thinking skills – for Analysis / Synthesis	<u>- write SPHP.</u>
Listening / Receiving skills	<u>-</u>
Effective communication skills	<u>- Improved a lot.</u>
Life skills	<u>-</u>
Development of Personality	<u>- Read positive quotes</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From May 14 to June 22

Name: Sanija Ripani

Year: 2024

Dept: O / M / R / Med / (Ped) / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	<u>very good</u>
Development of a good doctor	<u>- Satisfactory.</u>
Thinking skills – for Analysis / Synthesis	<u>-</u>
Listening / Receiving skills	<u>-</u>
Effective communication skills	<u>-</u>
Life skills	<u>- work on categorizing work.</u>
Development of Personality	<u>-</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 10th May to 15th May 1st Meeting

Name: Dr. Shruvaya Lade

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: s. lade

Mentors' sign: Prasanna

Area	Tips / Advise / suggestions shared
Academic progress	
Development of a good doctor	Discussed regarding vision of the mentee & probable steps in order to achieve vision
Thinking skills - for Analysis / Synthesis	
Listening / Receiving skills	
Effective communication skills	Advised to communicate regularly in case of any difficulty
Life skills	Trying to learn from different situations -> & being learner.
Development of Personality	Improvement in confidence only by doing

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 7/6/21 to 21/6/21

Name: Dr. Suresh Lad

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S.Lad

Mentors' sign: Pratik

Area	Tips / Advise / suggestions shared
Academic progress <i>Sense of lagging behind from peers</i>	<i>Shared - my impression of her performance which has overall been good & timely submission of work</i>
Development of a good doctor	
Thinking skills - for Analysis / Synthesis <i>Take time for this</i>	<i>Try to do what is possible & improve each day.</i>
Listening / Receiving skills	
Effective communication skills <i>Lack of participation in session</i>	<i>→ Was advised to voice out & share work in the session - this will also build confidence.</i>
Life skills	<i>→ Not to compare with others as each ones journey is going to be different.</i>
Development of Personality	<i>Through train & presentation can develop personality & confidence.</i>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From July to August

Name: Dr. Shreya Narayan Lad.

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S.N.Lad.

Mentors' sign: Harsh Pant

Area	Tips / Advise / suggestions shared
Academic progress	<u>Improved</u>
Development of a good doctor	<u>Engaging better</u>
Thinking skills – for Analysis / Synthesis	<u>Don't do over analysis & enjoy your work</u>
Listening / Receiving skills	<u>Good</u>
Effective communication skills	<u>Reinforced to communicate freely.</u>
Life skills	<u>Fair</u>
Development of Personality	<u>Made presentation — confidence improved</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From AUGUST to SEPTEMBER

Name: DR. SHREEYA NAREYAN LAD

Year: 2024

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. N. Lad

Mentors' sign: Kant Parule

Area	Tips / Advise / suggestions shared
Academic progress	Improved
Development of a good doctor	Improved
Thinking skills – for Analysis / Synthesis	Improved
Listening / Receiving skills	Good
Effective communication skills	Improved – motivated to improve further
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From SEPTEMBER to OCTOBER

Name: Dr. Shreya Narayan Lad

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. Nal

Mentors' sign: Ash Pandh

Area	Tips / Advise / suggestions shared
Academic progress	Improved
Development of a good doctor	Improved
Thinking skills – for Analysis / Synthesis	Improved
Listening / Receiving skills	Good
Effective communication skills	Better
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From OCTOBER to NOVEMBER

Name: Dr. Shreeya Narayan Lad

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S.N.Lad

Mentors' sign: Praveen

Area	Tips / Advise / suggestions shared
Academic progress	Improved
Development of a good doctor	Improved
Thinking skills – for Analysis / Synthesis	Improved
Listening / Receiving skills	Good
Effective communication skills	better
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From NOV to DEC

Name: Dr. Shreeya Narayan Lad

Year: 2021

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. N. Lad.

Mentors' sign: Ravi Parulkar

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Improved
Listening / Receiving skills	Good
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From DEC to JAN

Name: Dr. Shreya Narayan Lad

Year: 2021-2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. N. Lad

Mentors' sign: Kan Parth

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Good
Listening / Receiving skills	Good
Effective communication skills	Fair
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From JAN to FEB

Name: Dr. Shreeya Narayan Lad

Year: 2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: SMLad

Mentors' sign: Rohan Patel

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Good
Listening / Receiving skills	Good
Effective communication skills	Good
Life skills	Work on feedback given
Development of Personality	Good

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From FEB to MARCH

Name: Dushreya Narayan Lod

Year: 2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: s. N. Lod

Mentors' sign: Akas. Paul

Area	Tips / Advise / suggestions shared
Academic progress	<u>Good</u>
Development of a good doctor	<u>Good</u>
Thinking skills – for Analysis / Synthesis	<u>Good</u>
Listening / Receiving skills	<u>Good</u>
Effective communication skills	<u>Good</u>
Life skills	<u>Improving</u>
Development of Personality	<u>Improving</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From MARCH to APRIL

Name: Dr. Shreya Nargyan Lad

Year: 2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. N. Lad.

Mentors' sign: H. K. Panch

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Good
Listening / Receiving skills	Good
Effective communication skills	Improving
Life skills	Improving
Development of Personality	Advised not to compare 2 others Peer

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From APRIL to MAY

Name: Dr. Shreega Narayan Lad

Year: 2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S. Lad

Mentors' sign: K. Parth

Area	Tips / Advise / suggestions shared
Academic progress	Good
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	Good
Listening / Receiving skills	Good
Effective communication skills	Fair - Improved
Life skills	Fair
Development of Personality	Fair

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From JUNE to JULY

Name: Dr. Shreya Narayan Lad

Year: 2022

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: S.N.Lad.

Mentors' sign: Prashant Pawar

Area	Tips / Advise / suggestions shared
Academic progress	<u>Good</u>
Development of a good doctor	<u>Good</u>
Thinking skills – for Analysis / Synthesis	<u>Fair - Improved</u>
Listening / Receiving skills	<u>Good</u>
Effective communication skills	<u>Fair</u>
Life skills	<u>Fair</u>
Development of Personality	<u>Fair</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 6/4/21 to 5/5/21

Name: Madhubala Ingale

Year: 2021 batch 2020-21

Dept: O M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: Banvard

Area	Tips / Advise / suggestions shared
Academic progress	Time management difficulty → lot of work pending & last moment submissions → advised to prioritize
Development of a good doctor	work → maintain diary Not to keep work pending
Thinking skills – for Analysis / Synthesis	having difficulty in working on SCR → SCR to be corrected
Listening / Receiving skills	→ Case taking → POPRIP + CSFF to be filled of each case.
Effective communication skills	→ Having communication issues → On call partners → advised to communicate & share the opinion
Life skills	Good.
Development of Personality	Sharing & interaction during session to be improved.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 7/5/22 to 21/6/22

Name: Madhubala Ingale

Year: Batch 2020-21

Dept: O M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Time management - advised to make practice time table & to discuss.
Development of a good doctor	Clinical skills of OPD & IPD need to be improved.
Thinking skills - for Analysis / Synthesis	continues on 1 scr / wk.
Listening / Receiving skills	issue identified in case taking - to be discussed & better visit
Effective communication skills	Communication improved.
Life skills	-
Development of Personality	sharing learning session

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 7/6/21 to 21/7/21

Name: Madhubala Ingale

Year: batch 2020-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Maintaining diary → still last moment working due to work load but no pending work.
Development of a good doctor	Clinical case - IPD & OPD Reading & discussion on it.
Thinking skills - for Analysis / Synthesis	Scr corrections done → difficulty in coming to MM drugs → advised to
Listening / Receiving skills	Focus on MM discussion - improved.
Effective communication skills	- less communication issues
Life skills	Good.
Development of Personality	adequate

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 5/7/21 to 4/8/21

Name: Madhubala Ingale

Year: Batch 2020-24

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Session working on time Difficulty in research Session interaction & learning improved
Development of a good doctor	Good
Thinking skills – for Analysis / Synthesis	MM Differentiation – discussed 1 case of her for guidance of MM Differentiation
Listening / Receiving skills	COEF filling → to understand own perception & sensitivities
Effective communication skills	Good communication – No any difficulty at present.
Life skills	Performing well.
Development of Personality	Good.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 6/8/21 to 7/9/21

Name: Madhubala Ingale

Year: Batch 2020 - 2021

Dept: G / M / R / Med / Ped / Psy

Mentee's Sign: Madhubala Ingale

Mentors' sign: Harvard

Area	Tips / Advise / suggestions shared
Academic progress	Good - obs <u>improved observation</u> regarding presentation in groups & <u>HP</u> given
Development of a good doctor	<u>adequate</u>
Thinking skills - for Analysis / Synthesis	<u>No difficulty at present.</u>
Listening / Receiving skills	<u>Good - CSBF helping to evolve.</u>
Effective communication skills	<u>Good.</u>
Life skills	<u>Good.</u>
Development of Personality	<u>Good.</u>

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 8/9/21 to 7/10/21

Name: Madhubala Ingale

Year: batch 2020-2024

Dep: O M / R / Med / Ped / Psy

Mentee's Sign: Tasadduqi

Mentors' sign: Bunagood

Area	Tips / Advise / suggestions shared
Academic progress	Good learning in clinical cases at GYNAC OPD & session were related
Development of a good doctor	Learning ICD skills - assessment of emergency patients - both references given
Thinking skills - for Analysis / Synthesis	Totality formation discussed - lot of language adopted to do symptom classification
Listening / Receiving skills	Good in case receiving.
Effective communication skills	lot of improvement.
Life skills	No any difficulty.
Development of Personality	advised to select any one activity of her choice is stress buffer.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 11/10/21 to 5/11/21

Name: Madhubala Ingale

Year: Batch 2020 - 2024

Dep: (O) M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: Dr. Nandini

Area	Tips / Advise / suggestions shared
Academic progress	No difficulty at present
Development of a good doctor	Patient assessment → readiness to clinical diagnosis in various cases to be worked upon
Thinking skills – for Analysis / Synthesis	Totality formation & MM differentiation need more practice
Listening / Receiving skills	Good
Effective communication skills	- Handed counselling about clinic things & Putting forward not point of view when there are disagreements
Life skills	advised to focus on final and goal & Not to get distracted to irrelevant things
Development of Personality	Good.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 8/11/21 to 2/12/21

Name: Madhubala Ingale

Year: Batch 2020-21

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: T. Gallant

Mentors' sign: H. M. M.

Area	Tips / Advise / suggestions shared
Academic progress	adequate progress - No any issue at present
Development of a good doctor	Good work in IPD + OPD.
Thinking skills - for Analysis / Synthesis	practicing analysis + synthesis tools in OR
Listening / Receiving skills	Good.
Effective communication skills	Fluctuation - but need more Guidance of do communication
Life skills	No difficulty.
Development of Personality	Not selected any Extra-curricular activity yet.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 9/11/21 to 7/10/22

Name: Madhubala Ingale

Year: Batch 2020-2024

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: Hanagod

Area	Tips / Advise / suggestions shared
Academic progress	Good - sharing & interaction during academic session good.
Development of a good doctor	Satisfactory.
Thinking skills - for Analysis / Synthesis	Good.
Listening / Receiving skills	adequate
Effective communication skills	advised to communicate issues to spouse & building positive support structure for self.
Life skills	Satisfactory.
Development of Personality	—

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 10/1/22 to 24/1/22

Name: Madhubala Ingle

Year: Bata 2020-21

Dept: (D) M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: (D) Ingle

Area	Tips / Advise / suggestions shared
Academic progress	Satisfactory.
Development of a good doctor	Good clinical case exposure - hearing & reading
Thinking skills - for Analysis / Synthesis	SCR working adequate.
Listening / Receiving skills	Good.
Effective communication skills	Communication & Husband & no time getting conflict & time time to husband & studies
Life skills	↓ advised to make balance. As showing difficulty & him
Development of Personality	adequate

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 4/2/22 to 4/9/22

Name: Madhubala Ingale

Year: Bachel 2020-24

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Madhubala Ingale

Mentors' sign: H. Venkatesh

Area	Tips / Advise / suggestions shared
Academic progress	Complexity of the integrated & research session to be discussed to group & supervisors
Development of a good doctor	Good - clinical case discussion to OPO supervisors.
Thinking skills - for Analysis / Synthesis	adequate reading
Listening / Receiving skills	very improved.
Effective communication skills	Satisfactory.
Life skills	No issues.
Development of Personality	Good.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 7/3/22 to 6/4/22

Name: Madhubala Ingale

Year: Baton 2020-21

Dep: (O) M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: Banagod

Area	Tips / Advise / suggestions shared
Academic progress	No difficulty at present
Development of a good doctor	Good & satisfactory.
Thinking skills – for Analysis / Synthesis	No any difficulty.
Listening / Receiving skills	Good.
Effective communication skills	Good.
Life skills	No difficulty
Development of Personality	No issues.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 7/11/22 to 5/12/22

Name: Madhubala Ingole

Year: Batch 2020-24

Dept: O M / R / Med / Ped / Psy

Mentee's Sign: Madhubala

Mentors' sign: Banavard

Area	Tips / Advise / suggestions shared
Academic progress	Session work load → lot of reading material - Not adequate time for reading → utilizing OPO & PPO time for reading
Development of a good doctor	
Thinking skills - for Analysis / Synthesis	Good Satisfactory.
Listening / Receiving skills	No issues.
Effective communication skills	Good communication in team.
Life skills	No issues.
Development of Personality	Good.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 6/5/22 to 3/6/22

Name: Madhubala Ingale

Year: B.A. 2nd Year - 24

Dept: (O) M / R / Med / Ped / Psy

Mentee's Sign: [Signature]

Mentors' sign: [Signature]

Area	Tips / Advise / suggestions shared
Academic progress	Session work load - tackling issues by Managers time wisely & trying to read as much possible
Development of a good doctor	Good.
Thinking skills - for Analysis / Synthesis	No difficulty.
Listening / Receiving skills	Good.
Effective communication skills	Satisfactory.
Life skills	No issue.
Development of Personality	Good.

Remarks of Coordinator/Principal

MLDMHI MENTORING PROGRAM

Fortnightly Progress Sheet

Fortnight: From 6/6/22 to 5/7/22

Name: Madhubala Ingale

Year: Batch 2020-24

Dept: O / M / R / Med / Ped / Psy

Mentee's Sign: Tacellawati

Mentors' sign: Hannoo

Area	Tips / Advise / suggestions shared
Academic progress	No difficulty.
Development of a good doctor	adequate
Thinking skills – for Analysis / Synthesis	No issues.
Listening / Receiving skills	Good
Effective communication skills	Satisfactory.
Life skills	adequate
Development of Personality	good.

Remarks of Coordinator/Principal